



Waltham Forest News

Your Council keeping residents informed

www.walthamforest.gov.uk

Issue 22, 21 June 2010

Summer is jam-packed with things to see and do in Waltham Forest, with a line-up of some of the very best in music, arts and culture. From outdoor festivals with top acts like **Dennis Bovell Dub Band**, street dancers **Unity Dance** and **Animaineax**, exhibitions and much more.

Make sure you don't miss out this summer.

For more information visit
www.walthamforest.gov.uk or call 020 8496 3000

SUMMER EVENT'S



Pullout
and
keep!



June



BigDanceBus

Saturday 26 June

Walthamstow Town Square, High Street E17 7JR
From 2pm

Visit the bus as it travels across London stopping at Walthamstow. The mobile dance floor will be rolled out and professional dancers and local dance groups will showcase routines, or you can join in a workshop or learn the choreography for the Big World Dance.

Visit www.bigdance2010.com for more information

Chingford Village Festival



Saturday 26 June

The Green, Station Road, Chingford E4

A popular community event with jazz bands, puppet and magic shows, bagpipe players on the green and a real ale tent. Stalls sell everything from jewellery to Caribbean food and ice creams. All the fun of the fair can be had with swing boats, bouncy castles and face painting.

A full day of music can be enjoyed in the Chingford Assembly Hall with music from rock bands, gospel choirs and dance from theatre groups. This is all free throughout the day until the evening's entertainment kicks off with Abba tribute band Abba Magic.

Visit www.chingfordvillagefestival.com for the full programme of activities and the venues.

July



Events
are **FREE**
unless
stated

Chingford Day Dance Festival

Sunday 4 July

Ridgeway Park, The Ridgeway,
Old Church Road, Chingford E4

1pm-7pm

Join us for the biggest, freshest and most innovative dance gathering, showcasing young talent as well as established dance companies.

Animaineax, the winners of BBC3's show 'Move Like Michael Jackson' are to headline the dance festival. There will also be a performance from hip hop dance group Unity, UK and world champion winners of Street Dance 2008 and 'Move Like Michael Jackson' finalists.

Chingford Day Dance Festival will be a diverse day of music and dance from around the world.

Visit www.walthamforest.gov.uk or call Waltham Forest Direct on 020 8496 3000 for more information

Forest Philharmonic Orchestra



Walthamstow Assembly Hall, Town Hall Complex,
Forest Road E17 4JF

Sunday 4 July

6.30pm

- STRAUSS Wind Serenade Op.7
- MAHLER Symphony No.5

Conductor - Mark Shanahan

Pre-concert talk at 5.30pm in the Antler Bar, Town Hall Complex, Forest Road E17 4JF

Saturday 10 July

7.30pm

- VERDI Requiem
- South West Essex Choir
/Ben Palmer

Tickets:

Stalls £10 (concessions £8) Balcony £14 (concessions £11)
Tickets are available by emailing tickets@forestphilharmonic.org.uk or calling Forest Philharmonic box office on **01279 814931**.

Some tickets will be available for sale on the night at the Assembly Hall box office.

For more information please visit
www.forestphilharmonic.org.uk



Sunday 27 June

Lloyd and Aveling Park,
Forest Road E17
1pm-6pm

This year's 10:10 themed Green Fair aims to raise your awareness of green issues with fun and interactive displays and show how we can all

make changes to our lifestyles to help create a sustainable future. There will be lots to see and do, including numerous activities for children, DIY demonstrations for adults and a programme of entertainment to suit all ages.

Visit www.walthamforest.gov.uk/greenfair for more information





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Protecting your services

Council leader pledges to maintain vital council services in the face of government spending cuts

Interim measures designed to address the severe cuts imposed on Waltham Forest by the Government have been unveiled by the Council.

Waltham Forest Council is putting in place spending plans to reduce its costs by up to £6.5 million in 2010/11. This will allow the Council to invest in priority services and meet spending cuts announced by the government.

"We're going to protect and invest in the services that matter most to residents while keeping Council Tax as low as possible, because we know many families are already struggling to make ends meet."

Almost £1.2 billion is being removed from the local government budget. Waltham Forest has saved a massive £29 million in the last three



The Leader has pledged to protect and invest in services that matter most to residents

years and had earmarked a further £30 million of savings before the government cuts were announced.

Waltham Forest Council's leader, Cllr Chris Robbins, said: "We're going to protect and invest in the services that matter most to residents while keeping Council Tax as low as possible, because we know many families are already

struggling to make ends meet."

Cllr Robbins has already shown his commitment to leading the way when it comes to saving money by reducing the number of cabinet posts by a fifth - saving £50,000.

There will also be a line-by-line review of expenditure across the entire Council as officers and politicians work to present an emergency budget to Cabinet

in July and a reduction in the number of senior directors from six to five.

More info

For more information about the impact of the government's cuts and how the Council is dealing with them see future editions of Waltham Forest News.

News

04 School meals pass taste test

Our Environment



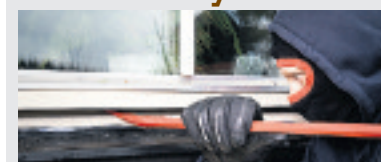
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Looking for something to do during the summer break?


Summer Daze 2010

Pull out and keep your guide to activities for the summer break

See inside

In my opinion

Dr Ken Aswani
NHS Waltham Forest



It used to be the case that when people felt ill, they'd go to see their GP (General Practitioner) or, if they were injured or seriously ill, go to the Accident and Emergency (A&E) department of their local hospital. These days many people call NHS Direct on 0845 4647 or go online to the NHS Choices website at www.nhs.uk for help and advice in the first instance.

But it can be confusing for some. In Waltham Forest we've got an Emergency and Urgent Care Centre at Whipps Cross Hospital, an A&E department, a polyclinic in Leyton, 47 GP practices, and health centres offering some community services dotted across the borough. We have a diverse local population with different needs, different expectations and different understandings of what is available locally when they need medical help.

You should not attend A&E unless you have a serious

"We have a diverse local population with different needs, different expectations and different understandings of what is available locally when they need medical help."

accident or illness, and for most people this should be a rare occurrence, otherwise you may be referred back to your GP if this is considered more appropriate. After any treatment you may be asked to make an appointment at your GP surgery.

Your local pharmacist offers much more these days than simple prescriptions. More medicines are becoming available without prescription and if you are eligible you may be able to get treatment free of charge as part of the 'Pharmacy First' minor ailments service. This means you do not have to wait for a GP appointment, and as our pharmacies are often open late at night and at weekends, you can get help when you need it.

Of course, if you are faced with a life-threatening emergency such as a heart attack, stroke, loss of consciousness or heavy blood loss, you should dial 999 and ask for help straight away.

If you are new to the area, or are not registered with a GP, visit www.walthamforest.nhs.uk or phone the patient advice line on 020 8539 3939 for help with finding one. To register with a GP you'll need your medical card, identification and address, and evidence that you are eligible for NHS treatment. All Waltham Forest GPs offer long opening hours, and local pharmacists will give you advice on minor illnesses and medicines.

Want to have your say?

If you live or work in Waltham Forest, have something you'd like to get off your chest, and can do it in around 300 words; Waltham Forest News wants to hear from you. Email the Editor at walthamforestnews@walthamforest.gov.uk and tell us what you'd like to write about.



Folk trio the Kittiwakes are just one of the attractions on the road with "Roam"

Wherever I may roam

- Mobile arts project invites us to enjoy our natural surroundings with talks, walks and workshops
- Acclaimed acts Tunng and the Kittiwakes perform on 7 July in Leytonstone

A travelling arts space lands in Waltham Forest from 5-7 July, highlighting London's rapidly-changing urban landscape and suggesting we all slow down for a minute and take advantage of our surroundings.

Commissioned as part of CREATE10 – the festival celebrating the five Olympic boroughs' cultural heritage – artist, writer and curator Robin Turner will be bringing his mobile 'Roam' project to our doorstep, along with a series of talks, walks, art workshops and musical performances.

Beginning with a screening of Paul Kelly's 'What Have You Done Today Mervyn Day', the bus trundles to

Hollow Ponds on Tuesday 6 July for a birding symposium with writer and filmmaker Ceri Levi

and "Britain Beneath Our Feet" by editor Ian Vince. The last day of the tour offers a story-writing workshop with performance poet Francesca Beard, an acoustic performance by folk trio the Kittiwakes and a set from 'folktronica' act Tunng. The night is rounded off with a guided bat walk with Lea Valley Bats.

Roam events

Monday 5 July
Walthamstow Big Screen, Walthamstow Town Square

- What Have You Done Today Mervyn Day? 5pm

Tuesday 6 July
Hollow Ponds, Whipps Cross Road

- Birding symposium, 6pm
- Britain Beneath Our Feet, 7.30pm

Wednesday 7 July
Hollow Ponds, Whipps Cross Road

- Textile-printing workshop, 3pm
- Story writing workshop, 4.30pm
- Nature photography workshop, 6.30pm
- The Kittiwakes, 7pm
- Tunng, 8pm
- Bat walk, 10.20pm

More info

For more information about the 'Roam' project visit www.roamlondon.org Free Internet access is available at all libraries in the borough.

Waltham Forest News

Editor: Jenny England



Waltham Forest News wants to hear from people in the local community. If you have a story that you'd like us to cover, email walthamforestnews@walthamforest.gov.uk or call 020 8496 3000.

Advertising and promotional enquiries: Sunil Duggal, 020 8496 3000 (press 6) advertisingwfn@walthamforest.gov.uk

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Project tackles homophobic bullying

- Four schools have produced an adaptation of The Laramie Project
- Internationally renowned play depicts the reaction to a gay student's murder

Waltham Forest pupils have produced their own version of a hard-hitting play about a homophobic murder and performed it to a packed audience in a central London theatre.

The project was put together and performed by pupils from Leytonstone School, Willowfield School, Walthamstow School for Girls and Norlington School for Boys. The play depicts the

reaction of the Laramie community to the murder of Matthew Shepard, a young gay student at the University of Wyoming in October 1998, through a series of interviews.

A recording of the production is now being used as a learning resource to help tackle bullying, and in particular homophobic bullying, in the borough's schools.

The Waltham Forest performance marked International Day Against Homophobia (IDAHO) and young people from the Joint School Council, which represents all schools in the borough, have been working hard to develop lesson plans to accompany the DVD.

Stonewall, the leading

Lesbian and Gay charity, have commended the borough's approach to this topic.

Performer Afsana Sayyed told Waltham Forest News: "When I first started this project, I never envisioned it to become such an important and exciting part of my life. I've not only grown as an actor but also as a person, and I feel I've learnt so much that I will carry through with me for the rest of my life."

Waltham Forest Council's Cabinet Member for Community Safety and Cohesion, Cllr Liaquat Ali, added: "Tackling bullying in all of its forms is an absolute priority for us and this project will help us to carry out this very important work."



Waltham Forest pupils worked hard on their version of The Laramie Project

Waltham Forest News **online**

WIN! £100 shopping voucher

To celebrate the launch of Waltham Forest News online we will be holding a fortnightly free prize draw to win a £100 Capital bond voucher, which can be spent at over 160 retailers.*

Simply sign up to Waltham Forest News online at www.walthamforest.gov.uk/wfn to be in with a chance of winning.

Reading Waltham Forest News online is just like reading the real thing, plus you'll benefit from:

- Page turning and zoom functionality
- Interactive content
- Future editions delivered direct to your inbox.

The closing date for the next free prize draw is 4 July

Winners will be notified by the email address used to sign up to Waltham Forest News online.

Visit www.walthamforest.gov.uk/wfn to sign up or download the latest edition.

WINNER! Chris Collins of Walthamstow was the winner of the first prize draw.

A fortnightly free prize draw will take place for the next three editions of Waltham Forest News. *Visit www.walthamforest.gov.uk/wfn for full terms and conditions and a full list of retailers.



Leader's view

Cllr Chris Robbins

Leader - Waltham Forest Council

I was elected as Leader of the Council for four years in May so it's my job to be responsible to you for the decisions the Council takes and the services that we provide.



To help me do this, I'm going to write a regular column in Waltham Forest News to keep you up to date and explain how my cabinet and I are delivering what we were elected to do.

As our cover story makes clear, there are going to be difficult times ahead and all of the public sector is busy bracing itself for some of the harshest cuts in our history. I am determined that we not only react to government cuts but focus on investing in the things that you told us were most important to you, like delivering reliable services and regenerating our borough.

"I met the borough commander last week, and we're now receiving up to 30 extra officers a day in support of our local police."

Knowing that the cleanliness of our streets is at the top of many agendas we've pledged to make the streets cleaner and increase the number of people sweeping them. To help with this, we're now offering an unlimited free collection of bulky household items and are working on our plan to clean up filthy front gardens.

We'll be continuing our campaign to get more police on Waltham Forest's streets. I met the borough commander last week, and he tells me that we're now receiving up to 30 extra officers a day in support of our local police. So our campaign is being listened to, but we need to keep up the pressure to champion our area.

Our schools have improved tremendously in recent times, and we've had major investment in new schools. So I'm really delighted that that as well as continuing to strive for academic excellence, we're working with schools to make sure some of them can open over the summer to offer activities to families and young people.

While this is just a brief look at what we're doing, it will hopefully go some way towards helping you through the current economic situation.

Get involved

I'd like to hear from you. I have a page on the website where you can get more information and email me www.walthamforest.gov.uk/leader and you can write to me at the town hall.

In brief

Carefree Kids needs volunteers

Local charity Carefree Kids, which aims to improve the emotional well being of children and young people, is looking for new volunteers and supporters. No formal qualifications are required of volunteers - only patience, openness, commitment, reliability and warmth. The charity welcomes people of all ages, male and female, from all ethnic, social and educational backgrounds. Free training and supervision is provided and the time commitment required is usually no more than six hours per week. Volunteers must be CRB checked and need to meet Carefree Kids' training standards before they can begin therapeutic work. There are other volunteering opportunities for those with non-therapeutic skills and interests.

• For more information phone Carefree Kids on 020 8558 7799, email carefree.kids@btinternet.com or visit www.carefreekids.org

Leader meets Mayor of London

The Leader of Waltham Forest Council, Cllr Chris Robbins, has highlighted the good work being done to tackle gangs and youth crime in Waltham Forest at a meeting with the Mayor of London. During a meeting of London Council leaders, Cllr Chris Robbins invited Boris Johnson and his deputy with responsibility for policing, Kit Malthouse, to see for themselves the approach Waltham Forest has adopted to tackle youth violence. The meeting came as the police borough commander confirmed Waltham Forest was being allocated up to 30 additional police officers a day from other boroughs to deal with a range of policing issues. Last year the Council launched the Waltham Forest is calling for back up campaign for more police officers to be allocated to the borough.

• For more information about the campaign visit www.walthamforest.gov.uk/backup

Chief Executive

Following a decision by Cabinet on Wednesday 16 June, the Council has announced that Andrew Kilburn will be stepping down as Chief Executive of Waltham Forest Council. Andrew joined Waltham Forest from Oldham Council in September 2008. Martin Esom, who has been the Deputy Chief Executive for the last two years, will be Acting Chief Executive until a permanent appointment is made.

• To read the full statement visit www.walthamforest.gov.uk/news/leadership-change free Internet access is available at all of the borough's libraries.

Youth group award

A youth group that helped train police in how to conduct less confrontational stop and searches has won a national award. Waltham Forest Council's Youth Independent Advisory Group (YIAG) won the leap Peer Training Group of the Year award on Thursday 10 June in recognition of the work they did with officers and young people. The YIAG is made up of young people aged 14 to 19 and acts as the borough's young voice on crime and disorder issues. The group is consulted by the Council and police to gauge the opinions of younger people when crime and disorder issues are considered.

• For more information about the award and leap visit www.peerlink.org.uk For more on YIAG phone the Council on 020 8496 3000.



Cllr Saima Mahmud, pupils and parents gave school meals the seal of approval



School meals pass taste test

• Parents go 'back to school' to sample delicious lunchtime menu

• An average school meal provides a third of your child's daily nutritional needs

While their own school meal memories might've included overcooked greens and soggy semolina, parents of pupils at Whitehall Primary School got the chance to tuck into some decidedly tastier grub last week.

The 'taster session' was designed to show parents the leaps and bounds

school meals have made since they hung up their satchels, with healthy, home-cooked options including everything from shepherds pie to Cajun chicken wraps and mouth-watering veggie curries on the menu.

Following a lunchtime tasting treat for the pupils themselves, the parents

were given the chance to find out just how tasty and nutritious the school meals are, with the message being that if children eat well they're more likely to learn and play well too.

School meals are based on rigorous nutritional standards set by the Government, with an average school meal providing a whopping one third of children's daily nutritional intake.

On-hand throughout the day to meet parents, children and staff was Waltham Forest's Cabinet Member for Children and Young People, Cllr Saima Mahmud. "What's on offer nowadays is a world away from the food many of us had when we went to school," she said. "They're made with fresh ingredients every day and we know exactly what's going into them, which means they

not only look and taste great but are guaranteed to give the borough's schoolchildren a healthy boost.

"I've had a great time here today and the response from parents and pupils alike has been overwhelmingly positive - here's hoping we have a new batch of healthy food converts signing up for school meals over the summer term."

New School Lunch Bunch characters, Max Carb, Princess Protein, Dan Dairy and Tutti Fruity and Reg the Veg, will encourage take-up of school meals and healthy eating to parents and children throughout the school year.

Fact file

• It's now simpler to apply for free school meals: you can make an application online, over the phone, or in person. Visit www.walthamforest.gov.uk/freeschoolmeals or call 020 8496 3000 and select the free school meals option for more information.

• While you can't seem to turn on the news without hearing about childhood obesity levels it's still startling to learn that if things carry on as they are, nine out of ten children will grow up with dangerous levels of fat in their bodies.

• The School Food Trust website offers information and advice to help your kids eat well, from involving them in cooking and food preparation to ways of making the 'right' types of food fun. Visit www.schoolfoodtrust.org.uk to find out more.

More info

To find out more about school meals visit www.walthamforest.gov.uk/schoolmeals or phone 020 8496 3000.

Family fun for Leytonstone

- Annual Leytonstone Muslim Community Centre (LMCC) fun day open to all
- This year's fun day is part of the Leytonstone Festival 2010 programme

Local people can enjoy a day of fun in the sun at this year's annual LMCC Family Fun Day on Saturday 17 July.

A host of entertaining activities will keep the whole family amused, with everything from bouncy

castles and barbeques to henna application and bookstalls on offer.

Children can take part in competitions on the gladiator podiums and bungee runs, or do their best impersonations of Spiderman with help from friendly face painters.

Twelve-year-old Maryam Jafri, told Waltham Forest News about last year's event: "It was one of the best fun days I've ever been to. The rides were brilliant, especially the bungee running where you had to run the furthest - I won an iPod shuffle."

Food stalls will also be cooking up tasty treats to keep visitors well fed and watered throughout the day.

The event takes place at Pastures Youth Centre, Davies Lane, Leytonstone, E11 3DR from 11am to 4pm. Entry costs just £1 for adults and 50p for children under 12.

Shahid Malek, Chairman of LMCC told Waltham Forest News: "Our annual fun

day is a great way to bring together all communities in Leytonstone. Not only can people of all ages have fun and enjoy some great food, but they can also meet and learn more about neighbours. This can help build bridges across cultures and bring together a stronger and more cohesive community for Leytonstone. Come and join us on the day, we look forward in meeting you!"



Children have fun playing on the gladiator podiums at last year's fun day

In brief

Tell us your news

Do you have some news you think might interest your friends, neighbours and other local people? If so, Waltham Forest News wants to hear from you. We're keen to provide the best mix of news for the borough and to do this we want you to tell us what you and your friends are up to. Whether you are organising an event, doing something unusual, raising money for charity, celebrating your community or appealing for volunteers we'd love to hear from you. And if you want to get something off your chest, the "In My Opinion" column is ideal for you to tell other people what you think about almost any subject.

• If you've got an idea for an article email your thoughts, stories or photographs to walthamforestnews@walthamforest.gov.uk or phone 020 8496 3000 and ask to speak to the Editor.

Out with the old...

Residents wanting to get rid of good-quality household items or looking to pick something useful up should pop along to Chingford Hall Children's Centre (Burnside Avenue, Chingford E4 8YJ) from 12noon-3pm on Saturday 26 June when Forest Recycling Project host one of their much-loved 'Give Or Take' events. The idea's simple: bring along your unwanted items and swap them for something you need. Or simply turn up in the hope you can find that paperback or DVD you've been after or simply something spiffy to brighten up a corner of your living room. Also on-hand will be advice and info on energy efficiency, recycling, bike repair and growing your own food.

• For more details visit www.frponline.org.uk or phone 0208 539 3856.

More info

To book a stall at the fun day phone **07817 496448** or visit www.leytonstonemuslim.com



ACTION PACKED FUN

THAT DEVELOPS CONFIDENCE

Free Trial Day*

New coach pick up points

in Chingford, Woodford and Walthamstow.

Price guarantee

From £29 per day. Find a brochure price cheaper in the South East and we'll beat it by 10%.

Operated in partnership with Lambourne End Outdoor Centre located just outside Chigwell

*Free trial day available on restricted dates only to the first 30 new customers who apply. Phone booking line for details.



New Climbing Wall

Activities Summer 2010

Colours denote activities by age group:

5 - 7 year olds		8 - 10 year olds	
11 - 15 year olds			

Book now at www.forestdaycamps.co.uk or call 0208 509 4636

Teddy Bear's Picnic, Face Painting, Pond Dipping, Bouncy Castle, Sensory Trail.

Den Building, Environmental Play, Parachute Games, It's a knockout, Pony & Cart Rides, Treasure Hunt, Bugs & Beasts Arts & Crafts, Circus Skills, Meet Farm Animals, Outdoor Cooking and more.

Rocket Making, Football, Climbing Wall, Raft building, Fencing, Low Ropes, Swimming.

Mountain Biking, Archery, Kayaking, Wide Games, Team Building, Meet Farm Animals, Outdoor Cooking and more.



Our Environment

In brief

Recycle Week 2010

While we're doing our best to make sure recycling your household and garden waste is a doddle, there's always a little more that can be saved from going to landfill. Running from 21-27 June Recycle Week is a handy way to highlight this, and this year's campaign focuses on all the household electrical items that might be knocking around the house and in need of a better home. While we've reported in the past about donating items to the likes of Forest Recycling Project or the British Heart Foundation, the Recycle Now website has stacks more hints and tips for going even greener.

• For more information about Recycle Week 2010 visit www.recyclenow.com To find out about how the Council can help you recycle, visit www.walthamforest.gov.uk/recycling or call 020 8496 3000.



Book the bandstand

Did you know the bandstand in Coronation Gardens, Leyton can be booked free of charge for activities and performances? The Council wants to encourage local groups to use this wonderful community facility in the fabulous surroundings of Coronation Gardens. We want the following groups to use the facility: traditional brass and jazz bands, orchestras and choirs, theatre groups, exhibitions, dance groups and multicultural performances. The bandstand can also be used as a focal point for events or even as a shelter for children's summer holiday activities.

• For more information and to book the bandstand for a weekend activity please contact Waltham Forest Direct on 020 8496 3000.

Vehicle Permit prices drop

The cost of buying parking permits in Waltham Forest dropped on Monday 14 June. The Council decided to reduce the cost of the standard first parking permit for residents to help them save money during the current difficult financial period.

As of last week, the price of the first parking permit for a vehicle with an engine size between 900cc and 3000cc registered before March 2001, or a CO2 emission between 121 and 225g/km and registered in or after March 2001 has dropped from £45 to £30. All other permit prices have remained the same.

• For more information phone the Council's parking team on 020 8496 3000 or visit www.walthamforest.gov.uk/parking.



walkit.com can help you plan a route to walk with pals

Walk'em Forest

• Website makes planning a leisurely stroll easier than ever

• Find out how many calories you'll burn and how much carbon you'll save by using walkit.com

While sitting in front of a computer screen can't usually be claimed to help you get fit, there's a website that aims at

least to help you put the best foot forward.

Whether you want to find a quick n' easy route to the shops or simply plan a sunny

Sunday afternoon wander, walkit.com not only helps you plan your journey but also tells you how many calories you'll burn and how much carbon you'll save by walking rather than driving or taking public transport.

As well as mapping out your walk, giving you step-by-step instructions and telling you how long it'll take, walkit.com also gives you the choice to choose a direct route, a more leisurely option or even the one with the least air pollution.

Giving the site a go for himself, Waltham Forest's Cabinet Member for Environment, Cllr Clyde Loakes, said: "While it's not always practical to substitute a car or bus for your own two feet, it nonetheless shows how

there's a simple alternative to many of our day-to-day journeys.

"Walking is probably the easiest and cheapest means of getting around and getting some exercise, and almost everyone has a pair of trainers or comfy shoes knocking around the house – walkit.com makes it all the more simple and shows how you're benefiting the environment as well as your waistline."



Fact file

• Walking is seen as an ideal 'lifestyle exercise' – you can fit it into your daily routine without making any major changes. Simply walk the kids to school, leave the car at home when you go to the shops or get off the bus a stop early when you go to or from work.

• Burning 500-1000 calories per week reduces the risk of premature death by 20-30%. This amounts to just 6-12 miles of walking a week for the average person.

• Walking helps reduce the risk of heart disease, obesity, type two diabetes and high blood pressure.

• The Department of Health recommends adults should get 30 minutes of moderate exercise a day, which could take the form of just three short but brisk walks.

More info

For more information call the Council's Air Quality Officer on 020 8496 3000. To start planning your next stroll visit www.walkit.com Free Internet access is available at all of the borough's libraries.



Love your borough nominations

Almost 250 of you have told us who you think should win a Love Your Borough award so we've had to make some tough decisions and whittle the nominations down to just a handful of hardworking groups and individuals for each category. The winners will be announced at a special event on Thursday 1 July and Waltham Forest News will bring you full details as to who's been recognised and rewarded for making the borough a better place, but in the meantime the nominees are as follows:

The Waltham Forest Mayor's citizen of the year award (sponsored by JB Riney)

Maureen Duncan
Dr Shaukat Nawaz Khan
Chris Knight

Improving your neighbourhood award (sponsored by Kier)

Thorpe Hall Primary School, Class 600
Davis Lane Primary School
Helping Hands from the Church of Jesus Christ of Latter-day Saints

Business champion award (sponsored by Verdant)

Fawaad Sheikh - E11 BID
Sha Ahmed - Star of India
Jo Sealy - Waltham Forest Women in Business

Making Waltham Forest safer award

Florence Bedwell
The Foresters Drive Residents Association
Wojciech Bien from Chingford Fire station
Pat Wardell from The Hydro Forest Community centre

Health and well-being award

Bob Carn
Carefree Kids
Bill Johnson, Waltham Forest Diving Club

Working together award (sponsored by NSL services)

Evelyn Handley
Helen Lerner
Rafael Salasnik

Public engagement and partnership working award (sponsored by May Gurney)

Brigitte Hurlock
London Fire Brigade, Leytonstone Green Watch
Waltham Forest Youth Ambassadors

Arts and culture award (sponsored by Good Impressions)

E17 Art trail
Peter McCarthy
Woodhouse Players

Go Green school awards (sponsored by VT Group)

Walthamstow School for Girls
St Patricks Primary School
Longshaw Primary School
Dawlish Primary School

Pride of Waltham Forest award (sponsored by Bouygues)

The winner for this award will be chosen from the winners of all other categories.

More info

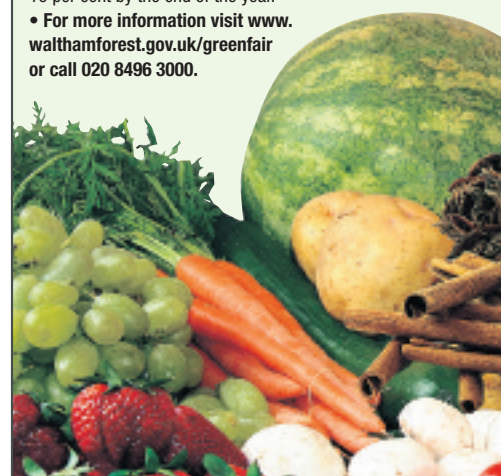
For more information on the Love your borough awards phone 020 8496 3000 or visit www.walthamforest.gov.uk/love-your-borough
Free Internet access is available at all of the borough's libraries

In brief

Green Fair

The borough's programme of summer events gets off to a flying start on Sunday 27 June with the ever-popular Green Fair. The event, which will be held at Lloyd Park from 1-6pm, promises an array of fun, frolics and family-friendly entertainment, from activities and games to tempting snacks and live music. As ever the Green Fair will also be bringing an important environmental message, with this year's event heavily influenced by the 10:10 campaign and Waltham Forest's pledge to work towards reducing carbon emissions by 10 per cent by the end of the year.

• For more information visit www.walthamforest.gov.uk/greenfair or call 020 8496 3000.



Free Safety Equipment

The Council has 500 safety equipment packs to distribute free of charge to qualifying families in the borough. The packs include safety gates, window locks, fire guards, cupboard locks and corner cushions. Referrals need to be made through your Children Centre, health, education, childcare or social care provider.

If you, or someone you know would benefit from a free safety pack, call the Family Information Service on 020 8496 3000 or email wffis@walthamforest.gov.uk



Advertising

TARGET YOUR CUSTOMERS SUCCESSFULLY



With 110,000 copies delivered to homes & business in Waltham Forest.

"Taking out a full ad on the back page was certainly the right thing to do. The response has been unbelievable. Since its publication, we have been inundated with calls with regards to our family activity centre and wider services."

Stephen Barnabis - Tumble in the Jungle - www.tumbleinthejungle.co.uk

"The session went very well - we had enough people attend to mean that we can go ahead with running the course next year. Thanks for your help with the advert."

Chris Hatfield - Birkbeck, University of London - www.bbk.ac.uk

Don't waste time, to advertise in Waltham Forest News please call 020 8496 3000 (press option 6) and ask for Sunil Duggal or email: advertisingwfn@walthamforest.gov.uk

We reach more people than any other local publication



Waltham Forest Sports Conference



It's Happening Here

- ☒ Are you a member of a sports club
- ☒ Are you interested in getting involved
- ☒ Do you want information on community sports projects

If so then we have the event for you!

When? Friday 16 July 6pm-9pm

Where? Rush Croft School, Rushcroft Road, Chingford E4 8SG



The event will provide opportunities for networking and there will be workshops on:

- Vetting and barring scheme
- Funding info including Fitclub, Active sport club grants and Sport Unlimited
- Meet your local school sport representative
- Develop and grow your club



To register for this free event, please contact:
sports.dev@walthamforest.gov.uk or
telephone 020 8496 3000

For more information please visit
www.walthamforest.gov.uk/sports-conference



WIN a luxury hamper worth £150

Gilwell Park Conference Centre is offering one lucky Waltham Forest News reader the chance to win a luxury hamper worth £150.

Set in 108 acres of mature parkland on the edge of Epping Forest, the conference and activity centre offers unparalleled surroundings and facilities.

The White House, a 17th Century Grade II listed building is the centrepiece of the estate. It offers space to relax in the lounge bar, meeting rooms, three star accommodation and is the perfect venue for weddings and other events.

Gilwell Park also features a purpose-built conference and training centre, and an activity centre with high adrenaline activities available to hire for team building and corporate fun days.

We have one hamper and three runners-up prizes of a bottle of champagne to give away. The competition closes on Monday 19 July, so get those entries in quickly. Just answer this question:

Gilwell Park is set in how many acres of mature parkland?

a) 58 b) 108 c) 208

Send your answer, along with your name, address and email address to Gilwell Park Competition, Waltham Forest News, Corporate Communications, Waltham Forest Town Hall, Forest Road, London E17 4JF by closing date Monday 19 July. The winner and runners-up will be announced in the 30 August edition of Waltham Forest News.

For more information on Gilwell Park Conference Centre visit www.towntocountry.co.uk/gilwell phone 020 8498 5300 or email gilwell.conferences@scout.org.uk

If you run a local business and would like to offer a prize for a competition in Waltham Forest News, please phone the advertising officer, Sunil Duggal, on 020 8496 3000 or email advertisingwfn@walthamforest.gov.uk



Leyton



Roy Lourenzo has been working towards a Level One Arts Award

Leyton on film

- Young people learn how to produce films on issues important to them
- Training has lead to accreditation

For the past two months 12 young people from Leyton have been hard at work learning how to make their own films, from the initial planning stages right through to editing the finished article.

The project, run by CTVC – a TV company – and Leyton Community Action (LCA), aimed to develop the life and employability skills of young people by giving them accredited training in film production.

This follows on from a successful scheme in 2009, when a group of young people in Leyton produced two films, 'Babies Having Babies', about sexual health and teenage motherhood and 'Life Under Construction', about life on the Beaumont

Estate. Those films are now hosted on www.truetube.com. This year's project

They have produced films on issues that are important to them, from the planning

in the future.'

Levi Vigilant, one of the young people who received training, told Waltham Forest News: "The project has been really good, I've learned how to do storyboarding, filming, recording sound, editing footage – everything you need to know to make a film.

"It was really hard work, but it was worth it and I would definitely encourage other people to find out about making films."

"It has been a fantastic experience working with the young people from Leyton. They have produced films on issues that are important to them, and have worked hard towards their accreditation."

culminated in a film screening held at Plum Tree Studios, High Road Leyton, on Saturday 11 June, when scores of people turned up to support the young filmmakers and celebrate the films they had created.

Alison Wright, Senior Trainer at TrueTube said: "It has been a fantastic experience working with the young people from Leyton.

stages right the way through to the editing and have worked hard towards their accreditation. They also led film training sessions with community groups from the area including older people, under 16s and a group from Mencap.

"LCA have supported them every step of the way and I can't wait to see how they use their new skills

In brief

Schools raise money for charity

Two Leyton schools have raised hundreds of pounds for the outgoing Mayor of Waltham Forest's charity appeal in aid of Whipps Cross Big Push Campaign and special care baby unit. St Joseph's Catholic Junior School raised £300 for Cllr Anna Mbachu's appeal, as well as raising nearly £2000 for Haiti with a sponsored walk. Newport School raised £515 after pupils met the Mayor at the Town Hall and decided they wanted to support her charity. The new Mayor of Waltham Forest, Cllr Masood Ahmad, is supporting two charities during his year in office, and raising funds for a portable ultrasound scanning machine at Whipps Cross Hospital and transport for the Farishte Trust, a small local charity that offers respite care for disabled young people.

• For more information on the Mayor's charity appeal visit www.walthamforest.gov.uk/the-mayoralty



Wadham Players present Cinderella

The Wadham Players Theatre Company will present their version of the Grimm brothers' tale 'Cinderella' at Waterworks Nature Reserve (Lammas Road, off Lea Bridge Road, Leyton, E10 7NU) on Saturday 10 July. The performance, which follows the original version of the tale, will start at 3pm. The show features puppetry, fun and dances and is sure to be a real summer treat. Waterworks Nature Reserve is the perfect place to spend a sunny day, so why not bring along a picnic and enjoy the show with friends and family? Tickets cost £7.50 for adults or £5 for children and concessions.

• To buy tickets phone 020 8527 4690 or visit www.wadhamplayers.co.uk

Go the distance

Are you a keen long distance runner, but get bored pounding the pavements on your own? Perhaps you need some advice and training tips on how to run those longer distances? If so, then Eton Manor Athletics Club's distance running club for adults could be for you. Training from The Cottage, Marsh Lane, Leyton, E10 7BL, the club meets on Tuesdays from 7.15pm for speed training and on Thursdays from 7.15pm for four to six mile runs. The club offers free trial membership, so why not get involved or contact them to find out more?

• For more information visit www.eton-manor.com
Free Internet access is available at all of the borough's libraries.

More info

You can watch the films produced by the young people by visiting www.truetube.co.uk. To find out more about Leyton Community Action phone 020 8496 3000.

Our Democracy

Meet the cabinet

These are the eight politicians who will be instrumental in running Waltham Forest Council for the next four years.

It's been all change politically at Waltham Forest following the 6 May local government election, which saw the Labour Party take overall control of the Council for the first time since 1998. The Leader of the Council, Cllr Chris Robbins, will be supported by seven other cabinet members, each with specific areas of responsibility. Here is our handy Waltham Forest News guide to who is doing what in the new administration.

Cllr Chris Robbins - Leader of the Council



The Leader's portfolio includes the Olympics, regeneration of the borough, the Council's overall performance and strategies relating to the budget. Cllr Robbins will also be responsible for improving the borough's town centres and a key part of his role

"I want residents experiences of the services they use in their daily life to improve, and know that we'll invest in and protect the services that are most important to them."

involves liaising with central and London government and local partners to secure the best possible deal for Waltham Forest residents.

Cllr Robbins told Waltham Forest News: "I want to protect the most vulnerable, deliver reliable services and provide a safe and clean environment. I want residents experiences of the services they use in their daily life to improve, and know that we'll invest in and protect the services that are most important to them."

Cllr Afzal Akram - Cabinet Member for Corporate Resources, Business and Employment

The Cabinet Member for Corporate Resources, Business and Employment looks after all vital services that residents and the Council rely on to carry out their daily tasks.

"My priorities are to make every penny count by putting residents first and keeping Council Tax as low as possible."

The portfolio covers subjects ranging from improving council performance to commissioning services and revenue and benefits. It also oversees human resources, property management, auditing, customer care and legal and democratic services.

Cllr Akram said: "My priorities are to make every penny count by putting residents first and keeping Council Tax as low as possible."



Cllr Liaquat Ali - Cabinet Member for Community Safety and Cohesion



Cllr Liaquat Ali will take responsibility for the Community Safety and Cohesion portfolio, focusing on keeping residents safe and reducing crime levels in partnership with the police and other organisations.

"My priorities are to reduce crime, increase police numbers and build stronger communities in Waltham Forest."

The portfolio manages the Drug Action Team, Community Cohesion, Emergency Planning and

works to build strong relationships with the police and fire brigade.
"My priorities are to reduce crime, increase police numbers and build stronger communities in Waltham Forest," said Cllr Ali.

Cllr Angie Bean - Cabinet Member for Health, Adults and Older People



Cllr Angie Bean will manage the Health, Adults and Older People portfolio that ensures residents receive the right care and support to stay fit and healthy throughout their lives.

"I want us to forge a borough that provides the services our residents need."

The portfolio manages Adult Social Services, health, the Older People's strategy and the future of care provision in Waltham Forest.

"I want us to forge a borough that provides the services our residents need, in a way they want them provided, at the right cost to the tax payer and which safeguards the most vulnerable people in this borough," said Cllr Bean.

Cllr Clyde Loakes - Cabinet Member for Environment

The Cabinet Member for Environment portfolio will aim to keep the borough clean, tidy and green and manages services such as street cleansing, recycling, climate change and conservation.

“Cleaning up our borough will be my priority. I will not shirk from using innovative ideas and powers to tackle the fly-tipper, the irresponsible dog owner, and those with filthy front gardens.”

Cllr Loakes will also supervise services designed to protect and safeguard the public including traffic and highways, environmental crime and enforcement, the world famous Walthamstow Market and environmental health and trading standards.

Cllr Loakes told Waltham Forest News: “Cleaning up our borough will be my priority because it remains a priority for our residents. I will not shirk from using innovative ideas and powers to tackle the fly-tipper, the irresponsible dog owner, and those with filthy front gardens.”



Cllr Saima Mahmud - Cabinet Member for Children and Young People

Cllr Saima Mahmud will work to ensure that youngsters in Waltham Forest have the best possible start in life and the brightest imaginable future.

“My aim is to open schools for community use during the summer holidays, improve educational attainment by our young people and help tackle child poverty.”

Covering education, schools building projects, children's social services, early years learning and the youth offending team, it is likely the majority of residents will directly or indirectly use the services of the Children and Young People directorate at one stage or another.

Cllr Mahmud commented: “My aim is to open schools for community use during the summer holidays, improve educational attainment by our young people and help tackle child poverty.”



Cllr Marie Pye - Cabinet Member for Housing and Development

The Housing and Development portfolio, which includes all aspects of housing, ranging from managing Ascham Homes and other registered social landlords to neighbourhood management and equalities, will be the responsibility of Cllr Marie Pye.

“I want to tackle overcrowding, provide good quality housing and deal effectively with poor landlords as well as ensuring that equality and fairness is at the heart of our work.”

The portfolio also manages the vital function of community engagement, which aims to effectively inform the public and gauge their views on forthcoming events and policies.

Cllr Pye said: “I want to tackle overcrowding, provide good quality housing and deal effectively with poor landlords as well as ensuring that equality and fairness is at the heart of our work.”



Cllr Geraldine Reardon - Cabinet Member for Leisure, Arts and Culture

Cllr Geraldine Reardon will manage Leisure, Arts and Culture, providing facilities for residents who want to get out and about and enjoy the borough in any number of different ways.

“I want us to have more exciting festivals and events, make better use of our open spaces and improve our sports and leisure facilities.”

Her responsibilities include leisure centres, adult education, arts, libraries and the world famous William Morris Gallery, as well as parks and green spaces.

Cllr Reardon commented: “I want us to have more exciting festivals and events, make better use of our open spaces and improve our sports and leisure facilities.”



More info

For more information on the cabinet, including full agendas of meetings, cabinet strategy documents and a comprehensive list of responsibilities, visit www.walthamforest.gov.uk/cabinet-members or phone 020 8496 3000 to speak to the Members' Services office.

What's On

Sports and fitness

Cowley Boys FC

Training twice weekly - days and times to be confirmed.

Training takes place on Wanstead Flats, Harrow Road, E11 3PX. Cowley Boys FC under 13s (school year 8) requires new players to strengthen the squad for the forthcoming season. Players of all standards in all positions required, but must show commitment and good level of discipline and be enthusiastic to learn in training sessions. All coaches are FA level 2-3 and all are CRB checked. Home and away kit supplied. **Anyone interested in playing should contact Team manager Adi, email hshala41@yahoo.co.uk**



Postnatal Yoga

Saturdays, 12.15-1.15pm.

Quaker Meeting House, Bush Road, Leytonstone, E11. You are welcome to join this group after your six-week check up with your doctor. £60 for 6 weeks. **For more information visit www.yoga4birth.co.uk email info@yoga4birth.co.uk or phone 020 8923 6452.**

Whipps Cross Wildcats Women's netball club

Monday evenings, 5.45-7pm.

Rush Croft Sports College, Rushcroft Road, Chingford, E4 8SG. All abilities welcome, looking for new players as we train and play in a league too. First session is free to trial.

Love to Walk - Power Walking Sessions

Every Tuesday, Thursday & Sunday 10-11am.

Ridgeway Park, Peel Close, Chingford. With light Stretching and basic gym workout in the park. These are only held during the spring and summer, however if the weather is not good, it will be postponed until the following session. Sessions are free and anyone can take part. **To find out more contact Dawn on 07957 171341.**

East London Runners Club

Wednesdays, 6.50pm.

Wanstead Leisure Centre, Redbridge Lane West, Wanstead, E11 2JS. East London Runners are a group of people of all abilities who love running. The club runs out of Wanstead leisure centre every Wednesday evening. Pounding the pavements during the winter and running through Epping Forest in the summer. Those training for Marathon and Ultra distances meet at the weekends to clock up the mileage.

For more information go to www.eastlondonrunners.org.uk

Pilates classes

Wednesdays; beginners 6.30pm, intermediate 7.30pm.

Leyton Parish Church Hall, Lindley Road, Leyton, E10. Beginner and general level Pilates classes. Everyone is welcome, all ages and abilities, even those with injuries or specific conditions. Improve your strength, flexibility, coordination and general sense of well being, as well as many other benefits. £40 for 6 classes. Mats and small equipment provided. **For more information please call Alison on 07976 404783, email alison@abpilates.co.uk or log on to www.abpilates.co.uk**

Yoga for Pregnancy

Sundays 9.30am and 10.45am, Mondays 6.30pm.

Walthamstow Toy Library, 46 Ravenswood Road, E17 9LY. Suitable for women from 16 weeks pregnant.

For more information and to book a place please contact walthamstowvillageyoga@hotmail.co.uk or call Helen on 07939 607853.

Buggyfit

Mondays, 10.30am.

Waterworks Nature Reserve, Lammas Road, (off Leabridge Road), Leyton, E10 7NU. Buggyfit is an outdoor fitness class for mums of all ages and abilities where baby and buggy come too. Buggyfit is suitable for all mums who have had their six-week check (eight-10 weeks for caesareans) from their doctor. Sessions cost £7 pay-as-you-go or £30 for a six-week pass.

For more information on Leyton Buggyfit classes call Thelma on 07974 569038, email after9fitness@hotmail.com or log on to www.buggyfit.co.uk

Tell us what's on

walthamforestnews@walthamforest.gov.uk

Clubs and community

Green Drinks

First and 15th day of every month, 8pm onwards.

The Rose and Crown, 55 Hoe Street, Walthamstow, E17 4SA.

Are you environmentally and community minded? Then Green Drinks is the place for you to meet and socialise with others of the same persuasion.

For more information phone Diana Korchien on 07747 014235.



High Street Safer Neighbourhoods team surgery

Wednesday 30 June, 2.30-4.30pm.

Harmony Hall, Truro Road (off High Street, Walthamstow). Come and meet officers from the High Street Safer Neighbourhoods team who can help or advise on concerns affecting residents and visitors in High Street Ward. **Contact Safer Neighbourhoods Team, Market Office, High St Walthamstow, phone 020 8345 3270 or 07843 291115 or email HighStreet.SNT@met.police.uk**

King George Sailing Club Open Day

Saturday 26 June, 11am-4pm. Lea Valley Road, E4 6PH.

Have you tried windsurfing or dinghy sailing on holiday, but thought you could only do it in the UK if you lived by the sea? Well why not pop along to the King George Sailing Club's open day and find out more? Depending on weather conditions demonstrations on the day include windsurfing - try out windsurfer dry simulator - and a dinghy sailing race. You can also see what types of boats are sailed at the club. **To find out more log on to www.kgsc.org.uk**

Leytonstone Festival 2010

Thursday 15 July - Sunday 25 July.

Now in its seventeenth year, the festival promises to be bigger and better than ever with an amazing

series of events lined up featuring local talent as well as guest celebrity appearances. For eleven days Leytonstone becomes a heady mixture of activity, colour, energy and fun - in kaleidoscopic proportions. And in true community spirit - lots of the events are free! There's something for the whole family to enjoy including - music, art, dance, film, crafts, food, drama, poetry and history. Check out the latest gigs on the Festival website. **For more information on events, venues and times please visit www.leytonstonefestival.org.uk or phone 020 8989 1244.**

Armed Forces and Veterans Parade and Fun Day

Sunday 27 June, 12noon-5pm. Station Road, Chingford, E4.

There is a parade along station road to Chingford Plains and then a fun day with parachute jump, tug of war competition and many other things going on in the arena plus many stalls to look at. Free admission but programmes will be on sale. **More info Mrs Sharon Bonner 020 8524 8373 or email sbonner@britishlegion.org.uk**



Breaststart Breastfeeding Café

Friday 25 June, 1-3pm.

Chapel End Early Years Centre, Brookscroft Road, Walthamstow, E17 4LH.

We welcome all breastfeeding mothers - past and present - to come and join us. Great British weather permitting, the party will be held in our lovely (secure) garden area and there will be refreshments and facilities for babies and young children to play. There will be breastfeeding goodie bags and it is a great opportunity to meet other mums and see what other groups, services and events are run here at the Chapel End Early Years Centre. **For further information then please contact Emma (midwife) on 02085279192 or 07786515079.**

Walthamstow School for Girls Alumnae Annual Reunion

Saturday 3 July, 11am-4pm.

Walthamstow School for Girls, Church Hill, Walthamstow E17.

Reunion open to all previous staff and pupils. Includes a buffet lunch and entertainment by the current students. This will be the first opportunity to see the school in its new form following 18 months of extensive building and refurbishment work.

Contact Lesley Winter at the school on 020 8509 9410.

'Sneaky Biscuit' coffee club

Every Monday, 10am-12noon.

Walthamstow Toy Library, 46 Ravenswood Road, Walthamstow, E17 9LY.

While your children play with our diverse range of toys and activities, you can relax, enjoy a fresh cup of coffee, listen to good tunes and even grab some nearly new clothing bargains. £2.00 per family includes coffee/tea, biscuits and healthy snacks for the children. Members only - yearly membership costs £4.00 and includes access to all Toy Library sessions and can be applied for on the day. **For more information www.walthamstowtoylibrary.org or phone 020 8509 3401.**

Senior Citizens Asian Group

Every Tuesday, 1-3pm.

Harmony Hall, Truro Road, Walthamstow, E17 7BY.

The group entertains 60+ citizens with light refreshments, newspapers, talks on health, seminars on health and well being and also chair based exercises to keep fit. Membership fee is only £2 for the year, everyone welcome. **Phone 07828 182160 for more information.**

Coffee Morning

Saturday 3 July, 10am-12pm.

Church Hill Baptist Church, Kevan Court, Church Hill, Walthamstow.

For more info, call Kester on 020 8521 9333 or 07812 1814101.

East London Bus Tour

Every Sunday, 10am and 3pm.

Meet at Celsius bar, 166 Hoe Street, Walthamstow, E17. These tours will take place every Sunday showcasing bus routes that used routemaster buses around the East London area in the 1960s, 70s and 80s. Each tour is guided, accompanied with music. There is a Sunday dinner and entertainment after the tour. Tours start at the Celsius bar or people can phone to be picked up on the tour as we pass through the area. Tickets are £12 and include dinners. **Phone 07947 930911 or email Nightal@live.co.uk for more information.**

Family Fun Day

Saturday 3 July, 11am-2pm.

Higham Hill Children Centre, 313 Billet Road, Walthamstow E17 5PX.

Kids' activities, live music and food. All welcome.

Phone 020 8527 1737 for more information.

Get Up & Go! - Falls prevention

Thursday 24 June, 1-4pm.

Peterhouse Centre, 122 Forest Rise, E17 3PW. Find out more about falls prevention and take part in various activities.

For more information phone Chris Bateson on 020 8558 8716 or Emma Tozer on 020 8539 8356.



Coppermill Primary School Summer Fair

Saturday 26 June 11am-2pm Edward Road, Walthamstow, E17 6PB.

Summer games for all ages, raffle and tombola, bouncy castle, home cooked snacks and cakes, plant stalls, designer craft stalls and more. 20p entrance includes raffle entry. **Phone 020 8520 6267 for more information.**

Saborflamenco

Friday mornings, technique (beginners welcome)

9.45am, improvers/advanced 11am-12noon.

Stephenson Road, Walthamstow, E17 7GB.

Flamenco classes. £5 for improvers or advanced or £8 for both sessions. **Phone 0780 4879 294 for more information or search for Saborflamenco on Facebook.**

Wadham Pre-School Summer Fete

Friday 2 July, 3.30-5.30pm.

107 Roberts Rd, Walthamstow, E17 4LP. Lots of yummy BBQ food, vegetarian and Halal options available, Wii competition, guessing stalls, tombola, bouncy castle and face painting. Excellent raffle and lots of prizes to be won! Everyone welcome, entry is free. **For more information phone 020 8523 2084.**

Tell us what's on

Call 020 8496 3000

**See
inside**
for play
schemes, events,
activities and
entertainment



*Looking for something to do
during the summer break?*

Summer Daze 2010



***Pull out and keep your
guide to activities for
the summer break***



Waltham Forest

Activities for Children Under 5

SOUTH



SOUTH

Redwood Pre-school

2 to 7 years
Monday 26 July to Friday 27 August
8am to 6pm

The Bell Centre
3 Holloway Road
Leytonstone
E11 4LD

Holiday scheme.

Contact centre for cost details.
020 8539 8559

SOUTH

Sammy Hebert Story-telling

3 to 5 years
Tuesday 27 July
10.30am to 11.30am

Harrow Green Library
Cathall Road
Leytonstone
E11 4LF
020 8496 1063

2.30pm to 3.30pm
Leyton Library
High Road
Leyton
E10 7HU
020 8496 1090

Fun with storytelling and songs.
Tickets available from library.

60p

wflibraries@walthamforest.gov.uk



SOUTH

Mary Dickenson Storyteller

3 to 5 years
Friday 13 August
10.30am to 11.30am

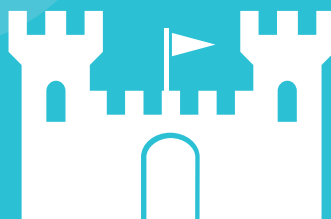
Lea Bridge Library
Lea Bridge Road
Leyton
E10 7HU

Fun with storytelling.
Tickets available from library.

60p

020 8496 1152

wflibraries@walthamforest.gov.uk



SOUTH

Stories and songs with Winston Nzinga

3 to 5 years
Thursday 12 August
10.30am to 11.30am

Leytonstone Library
6 Church Lane
Leytonstone
E11 1HG

Interactive African story-telling with songs and drumming. Tickets available from library.

60p

020 8496 1190

wflibraries@walthamforest.gov.uk



CHILDREN CENTRES

Contact your local Children Centre for a full list of activities:

Acacia Children Centre
8 Cathall Road
Leytonstone
E11 4LF
020 8496 2960

Barclay Primary School and Children Centre
Canterbury Road
Leyton
E10 6EJ
020 8518 7015

Davies Lane Primary School and Children Centre
Davies Lane
Leytonstone
E11 3DR
020 8539 2466

Mayville Primary School and Snowberry Children Centre
1 Snowberry Close
Leytonstone
E15 2AH
020 8534 3683

Newport Primary School and Children Centre
Dawlish Road
Leyton
E10 6QN
020 8539 4552

Riverley Children Centre
Community Place
806 High Road
Leyton
E10 6AE
020 8558 8421

Sybourn Primary School and Children Centre
2A Perth Road
Leyton
E10 7PB
020 8558 9597

Activities for Children Under 5

CENTRAL

CENTRAL

Sammy Hebert Storyteller

3 to 5 years
Thursday 26 August
10.30am to 11.30am

Wood Street Library
Forest Road
Walthamstow
E17 4AA
020 8496 1156

2.30pm to 3.30pm

Walthamstow Library
High Road
Walthamstow
E17 7JN
020 8496 5132

Fun with storytelling and songs.
Tickets available at library.
60p

wflibraries@walthamforest.gov.uk

Activities for Children Under 5

NORTH

NORTH

Yellow Birds Holiday Club

3 to 13 years
Monday 26 July to Friday 27 August
8am to 6pm

South Chingford Methodist Church
3 New Road, Chingford E4 9EU

Activities, arts and crafts, drama, sports and outings on Wednesdays.

£21 per day if booked in advance plus 10% off for full week or £23 per day.

Ella Parkinson
07723 332 493

NORTH

Enchanted Castle

3 to 7 years
Monday 26 July to Friday 27 August
8am to 6pm

58 Friday Hill, Chingford E4 6JT

Holiday scheme including breakfast, lunch and tea. £18 half day, £30 per day or £135 full week.

Karen or Gemma
020 8529 9647

NORTH

Gym Tots Gym Club

0 to 5 years
From 28 July to 13 August
Wednesday and Friday
0 to 2 years, 9.30am £3.50
2 to 5 years, 10.30am and 11.30am £4

Methodist Church
Winchester Road, Highams Park E4 9JP

Gymnastic classes by fully qualified British Gymnastics Coaches.

Jane Tear 07813 199 553
gymtotsgymclub@hotmail.co.uk

CHILDREN CENTRES

Contact your local Children Centre for a full list of activities:

Chapel End Early Years Centre
Brookscroft Road
Walthamstow E17 4LH
020 8527 9192

Church Hill Nursery School and Children Centre
Woodbury Road
Walthamstow E17 9SB
020 8520 4919

Higham Hill Children Centre
313 Billet Road
Walthamstow E17 5PX
020 8527 1737

The Lloyd Park Children Centre
Winns Avenue Entrance
Lloyd Park
Walthamstow E17 5JW
020 8531 9522

Mission Grove Primary School and Children Centre
Buxton Road
Walthamstow E17 7EJ
020 8520 3487

Low Hall Nursery School and Children Centre
Queens Road Community Centre
215 Queens Road
Walthamstow E17 8PJ
020 8496 2442

Woodside School and Children Centre
Wood Street
Walthamstow E17 3JX
020 8509 4375

NORTH

Jactito Puppets

Monday 9 August
10.30am to 11.30am

Fun puppet show with music.

Monster Bedtime Stories

Monday 16 August
5.30pm to 6.30pm
Bedtime stories and crafts.

3 to 5 years
North Chingford Library
The Green, Chingford E4 7EN
Tickets available at library.

60p
020 8496 1070
wflibraries@walthamforest.gov.uk

NORTH

Jactito Puppets

3 to 5 years
10.30am to 11.30am
Thursday 29 July

Hale End Library
Castle Avenue
Highams Park E4 9QD

020 8496 1050

Tuesday 10 August
South Chingford Library
Hall Lane
Chingford E4 8EU

020 8496 1079

Interactive puppet show with music. Tickets available at library.

60p
wflibraries@walthamforest.gov.uk

CHILDREN CENTRES

Contact your local Children Centre for a full list of activities:

Chingford Hall Primary School and Children Centre
Burnside Avenue, Chingford E4 8YJ
020 8527 7310

Ridgeway Park Children Centre
82 Peel Close,
Chingford E4 6XQ
020 8529 3885

Yardley Primary School and Children Centre
Hawkwood Crescent,
Chingford E4 7PH
020 8523 7382 / 020 8529 3671

Activities for Children 5 plus

SOUTH

SOUTH

Calvary Morning Glory Club

4 ½ to 12 years

Monday 26 July to Friday 20 August

7am to 6.30pm

174D Vicarage Road
Leyton
E10 5DX

Holiday scheme.

£15 per day

Elizabeth Oyinka-Antwi
07782 644 664

SOUTH

Excel Day Nursery

5 to 10 years

Monday 26 July to Wednesday 1 September

8am to 6pm

62 Hainault Road
Leytonstone
E11 1EQ

Holiday scheme.

£20 per day

020 8556 1732



SOUTH

Newport Primary School
Newport Road
Leyton
E10 6PJ

Interactive Storytelling and Drama

The story drama approach places the child at the centre of the activity, and at different times they become, author, performer and audience.

Dance and Arts and Crafts Extravaganza

Street dance workshops increasing fitness levels, agility, creativity and teamwork.
Arts and Crafts: Kite making, lantern making, cake decorating and face painting.

Dance and Puppetry

Sara Carter dance tutor with her unique dance programme using props and the body to create fantastic music and dance routines.
Arts and crafts sessions creating own puppets, as well as story telling, puppetry.

Monday 2 August to Friday 20 August

8 to 13 years

10am to 3pm

3pm to 5pm, late staying facility for working parents.

Physical Theatre

Monday 9 August to Friday 13 August

1pm to 3pm

Re-create your favourite fairy tales through fun packed drama workshops and learn how to express yourself creatively!

Please book in advance.

£10 per day.

£45 per week.

£5 per day, late staying facility.

Concessions available for low income families/free school meals only and sibling discount.

Tottenham Hotspur Foundation
020 8365 5138
www.tottenhamhotspur.com/foundation

SOUTH

Football and Multi Sports

8 to 13 years

Monday 2 August to Friday 20 August

10am to 3pm

3pm to 5pm late staying facility for working parents.

Lammas School
150 Seymour Road
Leyton
E10 7LX

Short tennis, athletics, kwik cricket, tri golf, roller skating and much more. Packed lunch required.

£10 per day

£45 per week

£5 per day, late staying facility

Concessions available for siblings and low income families/free school meals.

Tottenham Hotspur Foundation
020 8365 5138
www.tottenhamhotspur.com/foundation



SOUTH

Manga Cartoons

6 to 10 years
Monday 16 August
2.30pm to 3.30pm

Lea Bridge Library
Lea Bridge Road
Leyton
E10 7HU

Art and craft workshop. Tickets available at Library.

60p

020 8496 1152
wflibraries@walthamforest.gov.uk



SOUTH

Carlito Cartoons

5 to 10 years
Tuesday 17 August
2.30pm to 3.30pm

Leytonstone Library
6 Church Lane
Leytonstone
E11 1HG
020 8496 1190

Monday 23 August
2.30pm to 3.30pm
Harrow Green Library
Cathall Road
Leytonstone
E11 4LF
020 8496 1063

Craft workshop making objects from recycling. Tickets available at library.

60p

wflibraries@walthamforest.gov.uk

SOUTH

Jactito Puppets

6 to 10 years
Monday 23 August
2.30pm to 3.30pm

Leyton Library
High Road
Leyton
E10 5QH

Fun interactive puppet show with music. Tickets available at library.

60p

020 8496 1090
wflibraries@walthamforest.gov.uk

SOUTH

Tennis Camp

7 to 13 years
Monday 26 July to Wednesday 28 July
10am to 12pm

£5 per day

Six-a-side Football Tournament

7 to 10 years
Thursday 5 August to Friday 6 August
1pm to 4pm

£6 per day or £10 for both days.

Olympic Fun Factory

5 to 13 years
Monday 9 August to Friday 13 August and
Monday 16 August to Friday 20 August
10am to 3pm

£8 per day or £35 per week

Score Centre
100 Oliver Road
Leyton
E10 5JY

LOSCP
020 8556 5973



Activities for Children 5 plus

CENTRAL

CENTRAL

Iznik Tile Painting

Wednesday 28 July
1pm to 4.30pm

Working with artist Zarah Hussain, create your own flower patterns on tiles.

Shades of Green

Sunday 15 August
1pm to 4.30pm

Help create a communal mural, a vision of summer in Waltham Forest.

Summer Dream Mask Making

Wednesday 25 August
1pm to 4.30pm

Be inspired by carnivals to create your own carnival mask.

5 to 11 years

Vestry House Museum
Vestry Road
Walthamstow
E17 9NH

Please book in advance.

Free

020 8496 4391

Vhm.enquiries@walthamforest.gov.uk

CENTRAL

The Limes Summer Play Scheme

6 to 12 years
Monday to Friday
July and August (TBC)
10am to 3.30pm

The Limes
William Morris Hall
6 Somers Road
Walthamstow
E17 6RX

Activities include art, drama, adventure playground, trips and more.

£10 per day

Claire Grainger

020 8509 8985

claire.grainger@thelimes.org.uk

CENTRAL

Illustrating Books

Sunday 1 August
1pm to 4.30pm

See how Victorian children's books were illustrated and try it out yourselves.

Painting Repeated Patterns

Wednesday 4 August
1pm to 4.30pm

Inspired by Islamic Art, Morris and Nature. Create your own repeated patterns from nature.

Medieval Monsters

Wednesday 18 August
1pm to 4.30pm

Decorate tiles with medieval monsters and fabulous beasts from ancient and medieval cultures.

5+

William Morris Gallery
Lloyd Park
Forest Road
E17 4PP

Please book in advance.

Free drop-in for families

020 8496 4390

wmg.enquiries@walthamforest.gov.uk

CENTRAL

Sound Currents Summer Arts

5 to 13 years
Monday 2 August to Friday 20 August
10am to 3pm
3pm to 5pm late staying facility for working parents.

Frederick Bremer School
Siddeley Road
Walthamstow
E17 4EY

Music tech, street dance, visual art, drama, circus skills, bollywood dance, poetry, hip hop vocals, inline skating, skate dance and dhol drumming.

Packed lunch required.

£10 per day, £45 per week plus £5 for late staying facility

Concessions available for low income families/free school meals only and sibling discount.

Tottenham Hotspur Foundation

020 8365 5138

www.tottenhamhotspur.com/foundation

CENTRAL

Football and Multi Sports

8 to 13 years

Monday 2 August to Friday 6 August

Priory Court Community Centre
South Countess Road
Walthamstow
E17 5NB

Monday 9 August to Friday 13 August

Coppermill Primary School
Edward Road
Walthamstow
E17 6PB

Monday 16 August to Friday 20 August

Willowfield Secondary School
Clifton Avenue
Walthamstow
E17 5ET

10am to 3pm

3pm to 5pm, late staying facility for working parents.

Short tennis, athletics, kwik cricket, tri golf, roller skating and more.

£10 per day

£45 per week

£5 per day for late staying

Concessions available for siblings and low income families/free school meals only.

Tottenham Hotspur Foundation

020 8365 5138

www.tottenhamhotspur.com/foundation

CENTRAL

Carlito Cartoons

Tuesday 3 August
2.30pm to 3.30pm

Craft workshop making objects from recycling.

Neal Zetter Writing Workshops

Thursday 19 August
2.30pm to 3.30pm

Space hop stories writing workshop.

6 to 10 years

Walthamstow Library
High Street
Walthamstow
E17 7JN

Tickets available from library.

60p

020 8496 5132

wflibraries@walthamforest.gov.uk

CENTRAL

Steve Biddle Paper Magic

6 to 10 years
Thursday 12 August

10.30am to 11.30am
Higham Hill Library
North Countess Road
Walthamstow
E17 5HF

020 8496 1173

and

2.30pm to 3.30pm
Wood Street Library
Forest Road
Walthamstow
E17 4AA

020 8496 1156

Paper folding fun. Tickets available at library.

60p

wflibraries@walthamforest.gov.uk

CENTRAL

Winston Nzinga

6 to 10 years
Tuesday 24 August
2.30pm to 3.30pm

Higham Hill Library
North Countess Road
Walthamstow
E17 5HF

African stories and drums. Tickets available from library.

60p

020 8496 1173

wflibraries@walthamforest.gov.uk

CENTRAL

Summer Holiday Games

7 to 16 years
Monday 26 July to Saturday 27 August
12pm to 6pm

Games City
2 Garnett Way
Walthamstow
E17 5PE

ICT centre to play computer games and homework support.

£1 per child

Billy James
020 8531 4475
Gamescity@hotmail.co.uk

CENTRAL

Term Break Young Peoples Project

8 to 18 years
Monday 26 July to Friday 27 August
10.30am to 4pm

Woodside School
Wood Street
Walthamstow
E17 3JU

and

South Grove Primary School
37 Ringwood Road
Walthamstow
E17 8PW

Holiday activities.

Free

Jennifer Edwards-Ali
020 8529 0821

CENTRAL

Holiday Project

5 to 20 years
Monday 26 July to Friday 27 August
10am to 4pm

8 Greenleaf Road
Walthamstow
E17 6QQ

Social activities; sport, group learning and trips.

£2.50 per week

Musa Balikaya
020 85037121
wfsomaliwomenasso@hotmail.co.uk



Activities for Children 5 plus

NORTH

NORTH

Multi Sports Camp

8 to 13 years
Monday 26 July to Friday 20 August
10am to 3pm
9am to 10am pre camp
3pm to 5pm after camp

Rushcroft Sports College
Rushcroft Road
Chingford
E4 8SG

Basketball, table tennis, fitness, indoor rowing and much more. Packed lunch required.

£10 per day
£45 per week
£2.50 pre camp and £5 after camp
Concessions available for low income families/ free school meals only and sibling discount.
Ofsted Registered Scheme:103104

Tottenham Hotspur Foundation
020 8365 5138
www.tottenhamhotspur.com/foundation

NORTH

Football and Multi Sports

5 to 13 years
Monday 26 July to Friday 20 August
10am to 3pm

Chingford Foundation School
Nevin Drive
Chingford
E4 7LT

Short tennis, athletics, kwik cricket, tri golf, roller skating and more. Packed lunch required.

£10 full day
£45 per week
Concessions available for siblings and low income families/ free school meals only.

Tottenham Hotspur Foundation
020 8365 5138
www.tottenhamhotspur.com/foundation



NORTH

Craft Fun

6 to 10 years
Tuesday 27 July, Tuesday 3 and Thursday 19 August
11am to 12 noon
Fun craft and art.

Neal Zetter

6 to 12 years
Monday 2 August
2.30pm to 3.30pm
Space hop, have fun with words and poetry.

Hale End Library
Castle Avenue
Highams Park
E4 9QD

Tickets available from library.

60p

020 8496 1050
wflibraries@walthamforest.gov.uk

NORTH

Blast Off!

7 to 12 years
Monday 9 August
2.30pm to 3.30pm
Make a spaceship and join in the space treasure hunt.

Manga Cartoons

7 to 10 years
Friday 13 August
2.30pm to 3.30pm
Art and craft workshop.

Space Hop Adventure

7 to 12 years
Wednesday 18 August
10.30am to 11.30am
Make a story and design your own book cover.

Design a New Planet!

7 to 12 years
Monday 23 August
10.30am to 11.30am
Collage and mask-making.

North Chingford Library
The Green
Chingford E4 7EN
Tickets available from library.

60p

020 8496 1070
wflibraries@walthamforest.gov.uk

NORTH

Neville Floyd Stories Workshop

6 to 10 years
Thursday 12 August
2.30pm to 3.30pm

South Chingford Library
Hall Lane
Chingford
E4 8EU

Space hop stories workshop. Tickets available from library.

60p

020 8496 1079
wflibraries@walthamforest.gov.uk

NORTH

Football Fun Week

5 to 13 years
Monday 26 July to Friday 30 July and
Monday 23 August to Friday 27 August
10am to 3pm
£10 per day or £45 per week

Skills drills, small sided games and tournaments.

Chingford GOALS
Morrison Avenue
Chingford
E4

LOSCP
020 8556 5973



Activities for Children and Young People 11-19

SOUTH



SOUTH

Leytonstone Library
Church Lane
Leytonstone
E11 1HG

Screening of 'KIDULTHOOD' MOVIE

15 to 19 years
Monday 12 July
4pm to 6pm

Your chance to see 'KIDULTHOOD' and then discuss the issues raised in the film.

Discussion group for young women

Tuesday 13 July
10am to 4pm

Topics: arranged marriages, domestic violence, safety and being healthy.

Street Dance

Wednesday 14 July
3pm to 5.15pm

Basic dance sessions led by Double Trouble street dance group.

Beauty Treatments

Thursday 15 July
10am to 2pm

Manicures, make-up and hair styling.

Boxing for beginners

Friday 16 July
7pm to 8pm

Learn basic skills with a qualified tutor.

Soccer skills and tricks

Saturday 17 July
2pm to 5pm

Learn football tricks and skills.

DJ Workshop

Saturday 17 July
12 noon to 2pm

Learn basic DJ skills, mixing and 'drop a beat'.

13 to 19 years

Free

020 8496 1190

wflibraries@walthamforest.gov.uk

SOUTH

Open Door Drop in

13 to 19 years
Every Monday, Wednesday, Thursday, Friday
5.30pm to 9.30pm

Leyton Youth Centre
Crawley Road
Leyton
E10 6PY

Multi activity, sports, discussion group, healthy eating and life skills program.

Every Monday and Thursday
6.30pm to 9pm

Pastures Youth Centre
Davies Lane
Leytonstone
E11 3DR

Discussion group, dance, drama, sports and healthy eating.

Free
020 8496 1500

SOUTH

Youth Bus

13 to 19 years
Every Tuesday from 27 July
6pm to 9pm

Coronation Gardens
High Road
Leyton E10

Every Wednesday 28 July to 25 August
7pm to 9pm
Avenue Estate
Leytonstone E11

Every Thursday 29 July to 26 August
2pm to 4pm
Cathall Estate
Leytonstone E11

Mondays and Wednesdays
From 26 July to 25 August
3pm to 5.30pm

Capworth Street Park
Capworth Street
Leyton E10

I.T, music, sexual health, drugs and alcohol information.

Free
020 8496 1500

SOUTH

Pastures Youth Centre
Davies Lane
Leytonstone
E11 3DR

Karate Self Defence Skills

13 to 19 years
Monday 26 July to Monday 23 August
1pm to 4pm

Develop confidence and self esteem through karate skills.

Circus Skills

13 to 19 and up to 25 years with disability
Tuesdays and Thursdays
From 27 July to 26 August
10am to 4pm

Develop circus skills in juggling, tumbling and trapeze.

Multi Sports Program

13 to 19 years
Friday 30 July to Friday 27 August
1pm to 5pm

Table tennis, pool, football, badminton and basketball.

Open Door Drop-in for Young Muslim Men

13 to 19 years
Every Tuesday
6.30pm to 9pm

Duke of Edinburgh Award, study support, sports and off site activities.

Duke of Edinburgh Award

14 to 19 years
Every Wednesday
7pm to 9pm

Meet new people work in a team develop skills in camp craft, map work and navigation have fun in a friendly environment.

Skin Care and Beauty

13 to 19 years
Saturdays
From 31 July to 28 August
12 noon to 4pm

Develop life skills in personal care.

Cricket Skills

13 to 19 years
Fridays 6.30pm to 9pm
Develop confidence and self esteem through a game of cricket.

Free

020 8496 1500



SOUTH

Cann Hall Park Hut Drop-In

13 to 19 years
Tuesdays and Wednesdays
3pm to 9pm

Cann Hall Park
Cann Hall Road
Leytonstone E11

IT, music, photography, discussion groups and excursions.

Free

020 8496 1500

SOUTH

Holiday Playscheme

10 to 19 years
Monday 26 July to Friday 27 August
10am to 5pm

Bengali International
242 Francis Road
Leyton
E10 6NJ

Sports, performing arts and study support in English, Maths and ICT.

Free

Shamsul Hoque
020 8558 8403
bapujee1@googlemail.com

SOUTH

Holiday Programme

10 to 16 years
Monday 26 July to Friday 27 August
10am to 3pm

Buxton School
Terling Close
Leytonstone
E11 3NT

Activities from basketball to drama.

Free

Carol Moloney
020 8519 7148
020 8534 3425
Carol.Moloney@sch.walthamforest.gov.uk

SOUTH

Youth Division Project

10 to 18 years
Monday to Wednesday 12 noon to 9pm
Thursday 10am to 6pm
Friday 11am to 8pm
From 26 July to 27 August

Office Number 5
Church Lane Chambers
11-12 Church Lane
Leytonstone
E11 1HG

One to one support, mediation, sports, drama activities and building bridges between gang-involved young people.

Free

Lee Benjamin and Ahmed Hussain
01279 408370
www.catch-22.org.uk

SOUTH

Waltham Forest Youth Federation

10 to 13 years
Monday 9 August to Tuesday 10 August
10am to 3pm

Buxton School
Terling Close
Leytonstone
E11 3NT

6-a-side tournament for boys and girls, you can bring your own team. Trophies, medals and certificates will be awarded.

Free

Gary Hewett
020 8555 4499
gdhewett@aol.com



SOUTH

Skills and Career Development

10 to 19 years

**Monday 26 July to Tuesday 30 August
(excluding 28/08/10)**

9am to 5pm

Marian Mission
Colchester Road
Leyton
E10 6HA

Skills and career development for future employment.

Free

020 8518 7499

0794 0143 545

Marianmission@aol.com

SOUTH

Out and About

13 to 24 years

**Monday 26 July to Friday 27 August
9.30am to 3.30pm**

LDX
Dunton Road
Leyton
E10 7AF

Fun activities for disabled young people.

Gaye Studman

020 8988 9560/1

SOUTH

Youth Connect Café

10 to 19 years

**Fortnightly starting Friday 29 July
6pm to 10pm**

Connect Café
Cornerstone
149 Canterbury Road
Leyton
E10 6EH

Activities and workshops where young people can explore real life issues.

Free

John Stacey

020 8556 2870

johnstacey@care4free.net

SOUTH

Big Deal

13 to 19 years

**Monday 26 July to Thursday 26 August
1pm to 5pm**

Pastures Youth Centre
Davies Lane
Leytonstone
E11 3DR

Performing an art project leading to art-based qualifications.

Free

Liza Vallance and Rosie Ross

020 8594 7136

rosie@studio3arts.org.uk

SOUTH

UK Sports Leaders Level 1 Award in Sports Leadership

14 to 16 years

**Monday 26 July to Friday 30 July
10am to 3pm**

Free

Learn to plan and lead basic sports sessions.

Six-a-side Football Tournament

11 to 14 years

**Thursday 5 August to Friday 6 August
1pm to 4pm**

£6 per day or £10 for both days.

UK Sports Leaders Level 2 Award in Community Sports Leadership

16 to 19 years

**Monday 23 August to Friday 27 August
9.30am to 4.30pm**

Free

Learn to plan and lead basic sports sessions.

Score Centre
100 Oliver Road
Leyton
E10 5JY

LOSCP

020 8556 5973



Activities for Children and Young People 11-19

CENTRAL

CENTRAL

The Limes
6 Somers Road
Walthamstow
E17 6RX

The Transition Project

14 to 25 years

Appointments available day-time, evenings and weekends.

One to one work with young people with disabilities to get ready for independent futures and make person centred plans.

Friends Empowered

The All Together Groups
Alternate Saturdays
3pm to 6.30pm

A member led self-advocacy group for people with learning disabilities. Get together, talk and support each other.

Friends @ Home

Every Friday
1.30pm to 3.30pm or 4pm to 6pm

A member-led self-advocacy group for people with learning disabilities.

Friends Empowered

The LDPB Project
Every Monday
10am to 1pm

A member-led group for people with learning disabilities.

Saturday nights @ the Limes

Saturdays-once a month
6.30pm to 8.30pm

A youth group for disabled young people who want to hang out, have fun, and play a part in shaping and organising activities.
£1.50 per session for Limes members

Yoga Friends

Every Monday starting 12 July
4pm to 5pm

An inclusive yoga class.

16 to 25 years

Free for Limes members (NB those with high support needs can access using direct payments)

020 8509 8985

Rebecca.young@thelimes.org.uk

CENTRAL

North African Printing

11 to 16 years
Wednesday 11 August
1pm to 4.30pm

Vestry House Museum
Vestry Road
Walthamstow
E17 9NH

Learn about indigo dyeing and fabric printing in North Africa. Wear old clothes and bring old white pieces of fabric. Please book in advance.

Free

020 8496 4391

Vhm.enquiries@walthamforest.gov.uk

CENTRAL

Summer Uni Courses

Waltham Forest College
Forest Road
Walthamstow E17 4JB

Fashion

Design and manufacture your own original finished piece of fashion clothing.

Make-up and Beauty

Introduction to the skills of facials, applying day and evening make-up.

Hairdressing

Introduction to different techniques and hair styles.

Web Page Design and Production

Develop your knowledge and skills to design your own web page.

TV/Film and Special Effects Makeup Course
Learn the basic required makeup techniques used in the TV and Film industry. Opportunity of progression onto Blazing Sabres advanced courses.

Art and Design

Creative and experimental approach in using non-traditional and conventional materials.

Journalism

Work on your writing skills while enjoying the research of a journalist and taking photographs.

10am to 4pm

020 8496 1530

Computer Animation and Design Software

Create your own moving animation with sound effects.

Catering Course

Cook and prepare a range of dishes using fresh and convenience ingredients.

9.30am to 4.30pm

13 to 19 years and up to 25 with disability

Monday 26 July to Monday 30 July

Monday 2 August to Monday 6 August

Free

Outset Centre

020 8496 1530

CENTRAL

The Village Youth Club

11 to 19 years

Every Monday and Wednesday

5.30pm to 7.30pm

Activities, advice, trips, residentials and trips abroad.

Cost for trips.

New Young Women's Group

Every Saturday

10.30am to 1pm

Learn new skills; get advice, self defence, pool/Wii, hair, beauty and art sessions.

Costs for refreshments.

13 to 19 years

The Asian Centre

18a Orford Road

Walthamstow E17 9LN

Monwarra

020 8223 0707

info@theasiancentrewf.org.uk

Darren Foster

020 8496 1530

CENTRAL

Breaking Barriers Advent Music Production Project

13 to 19 years

Mondays and Fridays

From 26 July to 3 September

12 noon to 4pm

Outset Centre

2a Grange Road

Walthamstow E17 8AH

Working with young people from Cann Hall, Avenue, Cathall, Oliver Close and Beaumont on a music production leading to a show case event involving other boroughs.

Free

Pastures Youth Centre

020 8496 1500

CENTRAL

The Outset Centre
2a Grange Road
Walthamstow
E17 8HX

Outset Youth Group

Duke Of Edinburgh Award and activities night
Every Tuesday 6.30pm to 9pm

Social space for young people to learn new skills, participate in activities. Some costs for Duke Of Edinburgh and for trips out.

Gleel7

Monday 2 August to Friday 6 August
10.30am to 3pm

Project for young lesbian, gay, bi and trans people. Brush up your singing, acting, art and dancing skills.

Travel costs and bring your own lunch.

Start Up Fashion

Tuesdays and Thursdays
From 27 July to 29 August

Accredited course on running your own label. Bring packed lunch.

Stick It – First Aid Course

Tuesday 10 August
10am to 4pm

Learn how to help yourself and your friends on the street. Bring packed lunch.

13 to 19 years

020 8496 1530

CENTRAL

Social Konnexions

13 to 19 years
Every Wednesday
5.30pm to 7.30pm

Barnardo's
12 Church Hill
Walthamstow
E17 3AG

For young people in care or care leavers. Activities, advice, trips and residentials. Plus 'Dealing with Feelings' group for young women.

Free

Outset Centre
020 8496 1530

CENTRAL

The Youth Bus

13 to 19 years
Mondays: Town Centre Walthamstow 3pm to 7pm

Wednesdays: Town Centre Walthamstow 3pm to 6pm

Thursdays: Priory Court Area 5.30pm to 8.30pm

Fridays: Wood Street Area 5.30pm to 8.30pm

Internet, XBOX, music, advice, information on drugs. Free condoms and Chlamydia testing.

Free

020 8496 1530

CENTRAL

Higham Hill Hut Youth Centre

13 to 19 years
Wednesdays
5.30pm to 9pm

Higham Hill Hut
Off Hecham Road
Walthamstow
E17

Wii games, pool, table tennis, environmental project and discussion and support from youth workers.

Free

Outset Centre
020 8496 1530

CENTRAL

Summer Holiday Games

7 to 16 years
Monday 26 July to Saturday 27 August
12pm to 6pm

Games City
2 Garnett Way
Walthamstow
E17 5PE

ICT centre to play computer games and homework support.

£1 per child

Billy James
020 8531 4475
Gamescity@hotmail.co.uk

CENTRAL

Term Break Young People's Project

8 to 18 years
Monday 26 July to Friday 27 August
10.30am to 4pm

Woodside School
Wood Street
Walthamstow
E17 3JU

and

South Grove Primary School
37 Ringwood Road
Walthamstow
E17 8PW

Holiday activities.
Free

Jennifer Edwards-Ali
020 8529 0821

CENTRAL

Holiday Project

5 to 20 years
Monday 26 July to Friday 27 August
10am to 4pm

8 Greenleaf Road
Walthamstow
E17 6QQ

Social activities, sport, group learning and trips.
£2.50 per week

Musa Balikaya
020 8503 7121
wfsomaliwomenasso@hotmail.co.uk

CENTRAL

Fun Nights Out

10 to 25 years
Wednesdays and Fridays
From 28 July to 27 August
10am to 3pm

6 Somers Road
Walthamstow
E17 6RX

Trips and fun activities for children with disabilities to help them choose their leisure time.

£1.50 per session

Liz Frazer
020 8509 8985

CENTRAL

Holiday Activity Programme

13 to 16 years
Monday 26 July to Friday 27 August
9am to 4pm

The Soul Project
245 Wood Street
Walthamstow
E17 3NT

Stimulating, skill based activities from creative writing to video production.

Free

Stephen Barnabis
0870 626 0712
s.barnabis@thesoulproject.com



Activities for Children and Young People 11-19

NORTH

NORTH

Fun Night Out

Disability Youth Group
13 to 25 years
Monday 26 July, 2 and 9 August
6.30pm to 9.30pm

Arts and crafts, pool, table tennis, Wii, and much more.

The Ridge Youth Group

13 to 19 years
Tuesdays and Thursdays
From 27 July to 12 August
6.30pm to 9.30 pm

Arts and crafts, pool, table tennis, Wii, and much more.

Emergency Life Support Course (First Aid)

13 to 19 years
Monday 26 July, Tuesday 3 and Wednesday 11
August
10am to 3pm

Learn how to save a life by using techniques taught by the Red Cross

Ridgeway Park Children Centre
82 Peel Close
Chingford
E4 6XQ

Free

Kevin Coleman / Anne Farmer
020 8529 3885
Kevin.coleman@walthamforest.gov.uk

NORTH

In the Game

13 to 19 years and up to 25 with disability
Monday 26 July to Friday 27 August
12pm to 6pm

The Paradox Centre
3 Ching Way
Chingford
E4 8YD

Multimedia and video games course.
Video games design,
filmmaking and music production
leading to accreditations.

Free

Thea Lawrence
020 8694 6201/020 3328 7797
althea@rollingsound.co.uk



Borough wide

BOROUGH WIDE

Aiming High for Disabled Children

5 to 18 years

This summer and beyond.

Various venues across the borough.

A variety of activities aimed at children and young people with disabilities. Please contact for more information.

Free

Tony Connoles

Short Break Coordinator

020 8496 1048

ahdc@walthamforest.gov.uk

BOROUGH WIDE

Disability Multi Sports Camp

5 to 16 years

Tuesday 3 August to Thursday 5 August

Tuesday 17 August to Thursday 19 August

10.30am to 1pm

Walthamstow Pool and Track

Chingford Road

Walthamstow

E17 5AA

Range of activities: boccia, curling, dance mats, swimming, football, athletics, cricket, gym and soft play.

£5 per session

Tottenham Hotspur Foundation

020 8365 5138

www.tottenhamhotspur.com/foundation

BOROUGH WIDE

Alton Towers Trip

25 July - young men

29 August - young women

Fun day out for young men and women to develop community cohesion.

£10

13 to 19 years

020 8496 1500

BOROUGH WIDE

Parkour – Free Running

13 to 19 years

Wednesday 11 August and 18 August

11am to 3pm

Meet at Walthamstow Central at 10.30am

Various venues across South and East London.

Parents/carers and young people have to attend meeting with youth workers on Monday 9 August at 6pm at:

Outset Centre 2a Grange Road

Walthamstow E17 8AH

Parkour, learn about gravity, balance, and challenging yourself. Packed lunch required.

020 8496 1530

BOROUGH WIDE

Information, Advice and Guidance

13 to 19 years and up to 25 with disability
Throughout the holiday period.

Venue will be confirmed on booking.

Connexions Personal Advisors are available to provide support on returning to education, training or employment.

Free

020 8496 1530

BOROUGH WIDE

Olympic Opportunities

13 to 19 years

Monday 26 July to Friday 27 August

Various venues

A range of sports, tournaments training and learning opportunities.

Free

Yassin Abidou and Philip Rudling

020 8556 5973



BOROUGH WIDE

Forest YMCA

13 to 19 years

Monday 26 July to Friday 27 August
10am to 5pm

Forest YMCA
642 Forest Road
Walthamstow
E17 3EF

Basketball, hairdressing and computer games.

Free

Sotonye Diri
020 8509 4625
youth@forestymca.org.uk

BOROUGH WIDE

Forest Day Camps

5 to 15 years

Monday 26 July to Friday 20 August
9am to 5pm

The Lambourne End Centre
Manor Road
Lambourne End
Essex
RM4 1NB

Various outdoor activities; arts and crafts, raft building, bouncy castle, bug trail and a working farm.

£31 per day
Paula Christy Forest YMCA
020 8509 4647
pchristy@forestymca.co.uk

BOROUGH WIDE

Waltham Forest Mencap Adventures

Weekends and overnight
July to August (TBC)

Raft building, grass sledging, climbing and more.
Various activity centres.

Mencap Summer Playscheme

Monday to Friday, July to August (TBC)
9am to 3pm

The Mencap Centre
1a Matlock Road
Leyton
E10 6BN

Days out to different venues and various activities.

£5 per day

5 to 12 years
Gaye Studman
020 8988 9561
gstudman@wfmencap.org.uk



Culture and crafts

Leyton and Wanstead Flower Club

Tuesday 6 July, 7pm for 7.45pm start.

Wanstead Quaker Hall, Bush Road, Wanstead E11 3AU. Wendy Munnion - Gems in the Jewel Box. Come along, see flowers arranged and have a cup of tea and chat. We welcome visitors and new members, entry £4. For information phone 020 85246526

Old Time American Acoustic

Tuesday 29 June, 8.15pm.

Upstairs at The Birkbeck Tavern, Langthorne Road, Leyton E11 4HL.

For more info phone Paul on 0799 0737 539 or email paulr_warner@ntlworld.com

Blues Jam

Every Wednesday, 8.30-11.30pm.

The Coach & Horses, 391 High Road, Leyton E10 5NA. A live blues jam featuring guests, regulars and house band musicians. Entrance £2 listeners and £1 musicians. All welcome. Singers and Drummers especially welcome. For more information Visit www.coachandhorsesbluesjam.com or phone Vera or Terry on 0208 502 0351.



Northern Soul and Motown Night

Saturday 31 July, 9pm-2am.

The Cavern Bar, Forest Road, E17 4NB.

Northern Soul and Motown music on original vinyl - its a very friendly night aimed at people having simple fun, dancing to good music.

For more information call 020 8521 4001.

The Story of Cinderella

Saturday 10 July, 3pm.

WaterWorks Nature Reserve and Golf Centre, Lammas Road, Off Lea Bridge Road, Leyton E10 7NU. The Wadham Players present Charles

Way's stage adaptation of this children's classic fairytale. You can book by visiting the Wadham Players website at www.wadhamplayers.co.uk or by calling 0208 527 4690. Tickets are also available from the WaterWorks Centre. Adults £7.50, children and concessions £5. For more information or to book contact Lee Valley Information Service on 08456 770 600.



E17 Jazz

Thursday 1 July, 8.30-10.30pm.

The Rose and Crown, 55 Hoe St, Walthamstow, E17 4SA.

The Jessica Group. This is a vocal lead group with original songs by Jessica Berry. With a set of varied styles from jazz, blues and contemporary music, through to the influence of great singer/songwriters like Stevie Wonder, James Taylor, Paul Simon etc. This band promises a diverse night of exciting new tunes.

Phone 020 8509 3880 for more information.

Creole Zouk Xplosion

Saturday 26 June, 11.30pm.

Jacks Wine Bar, 40 St James Street, E17 7PE.

With Haitian Compa, Zouk Love, Kizomba, Kuduru, Cadence, Zouk, Soukous. Admission £10.

For more information contact afrodiziyak@hotmail.co.uk or phone 07951 271 123, 07956 861 453 or 07961 889 217.

Luna Fringe - MIX3

Thursday 24 June, 8pm.

Luna Lounge, 7 Church Lane, Leytonstone, E11 1HG.

Although the Luna Fringe MIX3 is normally dedicated to staging unusual blends of musical style alongside the work of visual artists, on this occasion we have three fine bands with an extraordinary range of contrasting approaches to their music. Admission £5 or £4 for concessions.

Phone 020 8518 7463 for more information.

Tell us what's on

walthamforestnews@walthamforest.gov.uk

Children and Young People

Children and Young People's Directory

Compiled by the Council's Family Information Service (FIS), the directory gives free, impartial advice on childcare, general information on a wide range of services for children, young people and families and lists leisure and recreation activities of all kinds.

For more information visit <http://csd.walthamforest.gov.uk>

Miss Miranda's Musictime

Mondays 1.45pm,

Wednesdays 10.15am,

Fridays 9.45am and 10.45am.

St Stephen's Church, Copeland Road, Walthamstow (Mondays and Wednesdays) and The Peterhouse Centre, 122 Forest Rise, Walthamstow (Fridays). Music sessions for babies and children up to five years old.

Miss Miranda is a fully qualified Music and Drama teacher who uses singing, percussion and musical instruments to dance, create and have fun. Lessons are lively, full of energy and geared to suit all ages, including grown ups. £5 pay on the day or cheaper course options available.

For more information please see the website www.missmirandamusic.co.uk or phone Emma on 07956 211 861.



Forest Twins and Triplets Club

Every Monday (except bank Holidays), 10.30am-12.30pm.

Wanstead Youth Centre, Elmcroft Avenue, E11 2DB.

Members can come and go between these times according to their schedule. All we ask is you sign in on arrival and pay your weekly subs.

For more information phone 07814 733296.

Music Makers

Fridays, 11am-12noon.

Low Hall Nursery School and

Children Centre, 215 Queens Road, Walthamstow, E17 8PJ.

Music, play and drama. Cost is £2 for first child, £1 per sibling.

Phone 020 8496 2442 for more information or visit www.low-hall.com



Athletics Coaching for children and young people

Every Thursday, 4pm-5pm.

Priory Court Community Centre, 11 Priory Court, South Countess Road, Walthamstow.

Circle 33 have teamed up with Orion Harriers Cross Country & Athletics Club to offer free athletics coaching sessions for school children in years 5, 6, 7 and 8.

These fun and physical sessions, which are funded by the Walthamstow West Community Council, take place every week by

an experienced level 4 UKA coach.

For more information contact Jane Farrier 07790 737 164 or Gulsun Faik on 020 8531 9990 or email: gulsun.faik@circleanglia.org

NinaLaZina Futsal

Every Saturday 10.30-11.30am.

The Score centre, Leyton.

Have fun with Brazilian Style

Football. Coaching for girls

and boys aged 6-11 years.

Improve your skills and techniques.

All staff CRB checked and

qualified coaches.

Contact 0208 988 7887

for more details or email info@ninalazina.com



Tell us what's on
Call 020 8496 3000

Calling all local sports clubs

We need more of you to tell us what's going on in your sports clubs.

Do you offer training or run classes?

Are you looking for players?

Let us have the details and we'll do our best to include them on our What's On pages. Send them to:

walthamforestnews@walthamforest.gov.uk



Council Meetings

Tuesday 22 June

Waltham Forest Tenants Council

Performance Improvement

Scrutiny Committee

Thursday 24 June

Audit and Governance Committee

Children and Young People

Scrutiny Committee

Tuesday 29 June

Transport Liaison Consultative

Group 7pm

All meetings are held at Waltham Forest Town Hall unless stated otherwise, and start at 7.30pm.

RASHID & RASHID
Immigration Solicitors
Rashid A. Khan
Solicitor (Principal)

- Asylum & Immigration
- Non Point Based Systems
- Settlement Applications (ILR)
- Post Study Work Visa
- Nationality & Travel Documents
- Human Rights Applications
- High / Court of Appeals
- Switching Visas
- Over Stayers
- Legacy Cases
- Work Permits
- Visa Extensions
- Judicial Reviews
- Tribunal Appeals

Head Office:
17 Plaza Heights, High Road, Leyton E10.
Tel: 0208 5564 166, Fax: 0208 5564 168, Cell: 0777 542 6146
Same Day Visa Services
Email: law786@live.com
Rashid & Rashid Law Firm

GILWELL PARK
CONFERENCE CENTRE

scouts.org.uk/conferences

t: 0208 498 5300 e: gilwell.conferences@scout.org.uk

Gilwell Park, Bury Road, Chingford, London E4 7QW

Our Future

In brief



Building sales skills

Having weathered the worst economic climate in years, many of the borough's businesses will be thinking of new ways to boost sales and develop long-term business relationships. In order to help achieve this very aim, Business Link in London have organised a free workshop which aims to help business owners turn their enthusiasm into winning sales with an array of simple techniques to help improve confidence, develop key skills and know how and when to clinch that killer deal. The workshop takes place on Wednesday 30 June from 9am-2pm at MWB Business Exchange Plc, 55 Bryanston Street, London W1H 7AA and is free to attend.

• For more information and to register your interest in the 'Putting the wind in your sales' workshop visit www.businesslink.gov.uk or phone 0845 6000 787.



Mark Burton and Bronwyn Goodwin show off their pocket-sized guide

E17 company crosses the pond

- Walthamstow-based publishing company celebrates stateside success
- Husband and wife team publish handy digital photography guide

It's always heartening to hear of a local business showcasing its entrepreneurial spirit, even more so when it's a cottage industry making waves across the Atlantic.

Walthamstow-based husband and wife team Mark Burton and Bronwyn Goodwin are a perfect case in point, having secured an international deal for the first book to be released by their own independent publishing company. 'The Gadget Scientist Guide To Using Your Digital Camera' is a handy, pocket-sized advanced guide to the using your digital camera, promising to be a one-stop reference guide whether you fancy yourself as the next David Bailey or are still trying to figure out how to take the lens cap off.

The book is being

stocked by Adorama, one of the USA's biggest camera retailers and the pair are rightly chuffed at their achievement. "Adorama is a massive brand in the States, explained Gadget Scientist founder Mark Burton. "They were our top target in America and we were over the moon when they decided to stock our book." "We're a classic start-up business," added Bronwyn. "We wrote the book together and Mark took all the photos. We then hired an illustrator and a designer to bring the book to life. After that we worked with a printer in Wales who produced the book for us."

"We could have taken the concept to a publisher," said Mark, "but we thought we would market the book much more dynamically than a big company would. For example the Adorama

deal came about because we were on honeymoon in New York and popped into the store on a sales call while we were there!"

The Higham Hill area where Mark and Bronwyn live is home to several small companies. 'There are lots of talented and creative people in our neighbourhood,' continued Mark, 'running all manner of businesses or even projects like the E17 Art Trail. It just goes to show that if you have a good idea, and plenty of motivation, then Walthamstow is a great place to start your venture.'

More info

For more information about the book visit www.gadgets scientist.com Free internet access is available at every library in the borough.

Don't miss our Open Day

**Saturday
26th June
10.00am - 1.00pm**

100s of full-time and part-time courses to choose from...

For more information call **020 8501 8501**
Forest Road, Walthamstow, London E17 4JB
info@waltham.ac.uk www.waltham.ac.uk

WALTHAM FOREST COLLEGE



The College is committed to safeguarding and promoting the welfare of children and vulnerable adults



Don't leave your home open to burglars

Scheme to tackle burglary launched

- Pilot scheme launched to protect homes and property
- Police officers will “post” crime prevention advice leaflets through open windows to alert homeowners of burglary risk

A scheme designed to reduce burglary in the north of the borough is being launched today, Monday 21 June.

Most burglaries are opportunistic crimes, with open windows by far a burglar's favourite route into an empty property.

To warn residents of the dangers of leaving their windows open, officers from the Endlebury Safer Neighbourhood Team will be posting crime prevention leaflets through open windows they spot in residential properties.

According to Metropolitan Police figures, there were 2320 burglaries in Waltham Forest between March 2009 and 2010, compared with 2172 between March 2008 and 2009.

The scheme will initially target properties in Endlebury ward. If it is successful it will be rolled out across the borough.

Waltham Forest Council's Cabinet Member for Community Safety and

Cohesion, Cllr Liaquat Ali said: “This is a great way of raising awareness of the importance of closing your windows whenever you are out of the house.

“Burglary is a crime which has an enormous effect on its victims and we are doing everything we can to minimise the number of people who are affected.”

Fact File

- Check doors and windows are locked when you leave the house.
- Fit deadlocks to all outside doors and keep the key safe.
- Fit key-operated locks to all windows.
- Don't hide spare keys outside, or in the garage or shed.
- Leave lights and the radio on a timer for the evening so it looks like someone is in.
- Make sure thieves can't get into the garden by fitting a good fence, padlocking any side gate and ensuring the shed is locked.
- Make sure the TV, DVD player and other valuables can't be seen from the window.
- If it's dark outside close the curtains and leave a light on.
- Lock your valuables away somewhere safe.
- Don't leave car keys near a door or window.
- Use security markers to mark expensive or important items with your postcode and door number.

More info

To find out more about burglary and crime prevention phone the Council's Community safety team on **020 8496 3000** or visit **www.walthamforest.gov.uk/crime-prevention**. Free Internet access is available at all libraries in the borough.

In brief

Clampdown on anti-social dog owners

Ten dog owners have been issued with control orders by the Council as part of a drive to tackle dog related anti-social behaviour. Nine people were issued with the orders - which result in an £80 fine- for walking dogs off leads in banned locations and a tenth received an order for failing to clean up after his animal after it had fouled. Dogs can be walked on leads in the vast majority of the borough's parks and open spaces, and are allowed off the lead at Chestnut Fields, Highams Park (the park itself), Larkshall Fields and Higham Hill Recreation Ground.

- For more information about the work being done to tackle dog related anti-social behaviour phone the Dog Enforcement Team on 020 8496 3000.

Dog fighters hunted

The Council's Dog Enforcement Team is hunting the callous owners of a pitbull who left their dog to die after an illegal dogfight. The animal was found with severe neck and leg injuries in Lower Hall Lane, Chingford, on 28 May and transferred to kennels where it made a recovery. But an assessment of the dog by the Metropolitan Police Service Status Dogs Unit showed that it was a banned breed. Because it was abandoned without a microchip or owner details, the law states it had to be humanely destroyed and this was done on 10 June.

- Anyone with information about this case should phone the Council's Dog Enforcement Team on **020 8496 3000**, or the Valley Ward Safer Neighbourhood Team on **020 8721 2901**.



Crime prevention dates announced

This year's Summer Crime Prevention Week events have been announced. This year volunteers will be giving out advice and crime prevention goodies at the Chingford Day Festival on Chingford Green on 26 June, the Green Fair in Lloyd and Aveling Park on 27 June and the Chingford Day Dance Festival in Ridgeway Park on 4 July. Other attended events are the Langthorne Youthfest at Downsell School on 17 July, Mela at Chestnuts Field on 25 July, Leyton Day at Leyton Cricket Club on 12 September and Leytonstone Car Free Day on 19 September. There will also be a stall at Walthamstow Town Square from 10am to 4pm on 28 July.

Waltham Forest Community Learning and Skills Service (CLaSS)

Day, Evening & Weekend Courses for Adults

Book now for courses starting in June, July and August

Welcome

Every year Waltham Forest Community Learning and Skills Service (CLaSS) runs nearly two thousand courses in over a hundred different venues in Leyton, Leytonstone, Walthamstow and Chingford. To find out more about our full range of courses and where they are held, contact us in person or by telephone or visit www.walthamforestclass.gov.uk

How to book

BOOKING BY TELEPHONE

You can book by telephone using a credit or debit card. Please have your card ready when you telephone. We confirm the booking as soon as payment is authorized. Credit and debit card details are treated in the strictest confidence.

Telephone either the CLaSS Booking Line

020 8523 9355 - open Monday to Thursday 9.30am to 5.30pm or Friday 9.30am to 3.30pm or any of our main centres:

- Chestnuts House
398 Hoe Street, E17 9AA
020 8521 4311
- Friday Hill House,
Simmons Lane E4 6JH
020 8496 2980
- Leyton Neighbourhood Learning Centre
3 The Square (Next to ASDA), High Road E10 5NR
020 8558 6805
- Leytonstone Learning Link
23-25 North Birkbeck Road E11 4JF
020 8988 0555

Bookings for any course can be made at

- Buxton School, Terling Close E11 3NT
- Lammas School, Seymour Road E10 6XE
- Heathcote School, 96 Normanton Park E4 6ES
- Rush Croft Sports College, Rushcroft Road E4 8SG

When the centres are open for courses.



Below are some of our courses starting in June, July and August. For complete listings, see the next edition of Waltham Forest News out on July 5th. For more information about our courses and how to book please go to www.walthamforestclass.gov.uk

Title Code	Day	Start Date	Time	Weeks	Hours per Week	Venue	Full Fee	Reduced Fee	Exam Fee
ART - DRAWING									
Drawing - Pencil and Charcoal - Summer School									
LLF024-1K1	Monday	19-Jul-10	10:00 AM	1	5.00	Leytonstone Learning Link	£33.00	£11.00	£0.00
ART - DRAWING AND PAINTING									
Drawing and Painting - Pastels - Summer School									
LLF020-2K1	Tuesday	20-Jul-10	10:00 AM	1	5.00	Leytonstone Learning Link	£33.00	£11.00	£0.00
Drawing and Painting - Inks - Summer School									
LLF022-3K1	Wednesday	21-Jul-10	10:00 AM	1	5.00	Leytonstone Learning Link	£33.00	£11.00	£0.00
ART - PAINTING									
Painting - Watercolour Painting - Summer School									
CHF138-1K1	Monday	12-Jul-10	10:00 AM	1	5.00	Chestnuts House	£33.00	£11.00	£0.00
CHF139-2K1	Tuesday	13-Jul-10	10:00 AM	1	5.00	Chestnuts House	£33.00	£11.00	£0.00
CHF140-3K1	Wednesday	14-Jul-10	10:00 AM	1	5.00	Chestnuts House	£33.00	£11.00	£0.00
CHF141-4K1	Thursday	15-Jul-10	10:00 AM	1	5.00	Chestnuts House	£33.00	£11.00	£0.00
Painting - Still Life with Acrylics - Summer School									
LLF030-4K1	Thursday	22-Jul-10	10:00 AM	1	5.00	Leytonstone Learning Link	£33.00	£11.00	£0.00
Painting - Flowers with Acrylics - Summer School									
LLF028-5K1	Friday	23-Jul-10	10:00 AM	1	5.00	Leytonstone Learning Link	£33.00	£11.00	£0.00
BRITISH SIGN LANGUAGE, LIP READING AND MAKATON									
British Sign Language - Get By In									
LLS264-8K1	Tu/We/Th	13-Jul-10	7:00 PM	1	6.00	Leytonstone Learning Link	£38.00	£13.00	£0.00
FHT372-8K1	Tu/We/Th	20-Jul-10	10:00 AM	1	6.00	Friday Hill House	£38.00	£13.00	£0.00
Lip Reading - Introduction									
LNS247-6K1	Saturday	10-Jul-10	10:00 AM	1	2.00	Leyton N'hd Learning Centre	£0.00	£0.00	£0.00
Makaton - Get By In									
LNS240-8K1	Mon & Tue	12-Jul-10	6:30 PM	1	6.00	Leytonstone Learning Link	£38.00	£13.00	£0.00
COUNSELLING AND SELF DEVELOPMENT									
Meditation and Self Affirmation - Workshop									
FHL405-6K	Saturday	26-Jun-10	10:00 AM	1	4.00	Friday Hill House	£0.00	£0.00	£0.00
COMPLEMENTARY THERAPIES									
Therapists - Market Your Way to Success									
RSH005-8K5	Mo/Tu/We/Th	06-Jul-10	7:00 PM	1	10.00	Friday Hill House	£43.00	£11.00	£0.00
Massage - Hands free - Advanced Masterclass									
CHH177-6K1	Saturday	10-Jul-10	9:30 AM	1	6.00	Chestnuts House	£38.00	£13.00	£0.00
CRAFTS									
Stained Glass - Create a Stained Glass Panel - City and Guilds - Level 1									
FHG397-8K	Mo/Tu/We/Th/Fr	19-Jul-10	9:30 AM	1	30.00	Friday Hill House	£95.00	£20.00	£30.00
Floristry - Wedding Bouquets									
CHG682-6K1	Saturday	03-Jul-10	9:30 AM	1	6.00	Chestnuts House	£33.00	£11.00	£0.00

Title Code	Day	Start Date	Time	Weeks	Hours per Week	Venue	Full Fee	Reduced Fee	Exam Fee
FASHION									
Corset Making - Corded Corset									
CHP330-8K5	Mo/Tu/We/Th/Fr	12-Jul-10	9:30 AM	1	30.00	Chestnuts House	£118.00	£29.00	£0.00
LANGUAGES									
Arabic - Get By In Plus									
LNT084-8K1	Mo/We/Th	12-Jul-10	7:00 PM	1	6.00	Leyton N'hd Learning centre	£25.00	£6.00	£0.00
Italian - Get By In									
LLT270-8K1	Mo/Tu/We/Th	12-Jul-10	7:00 PM	1	8.00	Leytonstone Learning Link	£36.00	£9.00	£0.00
Latin - Get By In									
FHT268-6K1	Saturday	26-Jun-10	10:00 AM	1	5.00	Friday Hill House	£21.00	£5.00	£0.00
Spanish Get By In									
LLT265-8K1	Wed & Thu	14-Jul-10	6:30 PM	1	6.00	Leytonstone Learning Link	£25.00	£6.00	£0.00
CHT591-8K1	Mo/Tu/We	19-Jul-10	10:00 AM	1	6.00	Chestnuts House	£25.00	£6.00	£0.00
Spanish for Learners with Learning Difficulties									
CHT866-8K	Tu/We/Th	06-Jul-10	10:00 AM	1	6.00	Chestnuts House	£0.00	£0.00	£0.00

MEDIA AND WRITING

Writing Film Scripts - Get By In									
LNT244-8K1	Wed & Thu	14-Jul-10	10:00 AM	1	5.00	Leyton N'hd Learning Centre	£33.00	£11.00	£0.00
Writing Poetry - Get By In									
CHT592-8K1	Wed & Thu	07-Jul-10	7:00 PM	1	5.00	Chestnuts House	£33.00	£11.00	£0.00

PHOTOGRAPHY

Photography - Presenting Photo Images for Beginners - City and Guilds - Level 1									
ZLG057-4K	Thursday	15-Jul-10	1:30 PM	3	3.00	Cyber Link	£65.00	£15.00	£30.00

POTTERY

Paper Clay									
FHG050-8K1	Thu & Fri	12-Aug-10	10:00 AM	1	10.00	Friday Hill House	£65.00	£23.00	£0.00
Working with Porcelain									
FHG052-8K1	Thu & Fri	05-Aug-10	10:00 AM	1	10.00	Friday Hill House	£65.00	£23.00	£0.00

FAMILY FUN DAYS

Below are listed just a few of the exciting Family Fun Days taking place in Waltham Forest over the summer. ClaSS will be there – providing many free, fun, new and exciting activities for you to enjoy with your children.

Priory Court Family Fun Day **Saturday, July 10th** **from 1.00pm onwards**
 Priory Court Community Centre, Priory Court, Walthamstow, E17

Healthy Families Activity Day **Saturday, July 17th** **from 12.00 noon onwards**
 Leyton N'hd Learning Centre, 3 The Square, High Road, Leyton E10 5NR
 Next to ASDA, opposite Leyton underground station

Beaumont Fun Day **Saturday, August 7th** **from 12.00 noon onwards**
 Seddon Community Centre, Beaumont Road, Leyton E10

Are you fulfilling your potential?
 Personal Best is a training and volunteer programme that could be the first step towards your future.

Unemployed? No qualifications?
 Personal Best could be the start to a better future for you.

- Supported training and help with getting a job afterwards
- Complete the course without affecting your benefits
- Build your confidence by learning new skills and meeting new people
- Gain work experience and references through volunteering

For more information about Personal Best, please call Tina Jess on **07813 969 888**, or come along to one of our information sessions at:

Chestnuts House
 Wednesday, 30th June 2010
 Starts at 11am & 1pm

Cyberlink
 51 Beaumont Road, Leyton E10 5DE - Thursday, July 1st
 Starts at 11am & 1pm

Chestnuts House,
 Wednesday, July 28th 2010
 Starts at 11am & 1pm

class.personalbest@walthamforest.gov.uk
 www.personalbestprogramme.co.uk

Our Democracy

Councillors Surgeries

Cann Hall



Tunde
Davies

Liz
Phillips

Nicholas
Russell

Labour surgery: First and third Saturday of every month, 11am-12noon, Harrow Green Library, Cathall Road, E11. No surgeries on Bank Holiday weekends.

Liberal Democrat surgery: Second and fourth Saturday of every month, 10am-12noon, Buxton School, Cann Hall Road, E11. No surgeries on Bank Holiday weekends.

Cathall



Naheed
Asghar

Shameem
Highfield

Terry
Wheeler

Surgery 1: First and third Saturday of every month, 11am-12noon, Leyton Neighbourhood Learning Centre (LNLC), Leyton Mills Shopping Centre, 3 The Square, E10. No surgeries on Bank Holiday weekends or in August.

Surgery 2: Second and fourth Saturday of every month, 11am-12noon, Harrow Green Library, Cathall Road, E11 4LF.

Chapel End



Paul
Douglas

Kieran
Falconer

Abu
Samih

Every Friday, 6pm-8pm, St John's Church, 18 Brookscroft Road, E17.

Chingford Green



Thom
Goddard

Andrew
Hemsted

Michael
Lewis

Second and fourth Saturday of every month, 10am-11.30am, Ridgeway Park Children Centre, 82 Peel Close, E4 6XQ.

Endlebury



Matthew
Davis

Peter
Herrington

Roy
Berg

Second and fourth Saturday of every month, 10am -11.30am, Ridgeway Park Children Centre, 82 Peel Close, E4 6XQ.

Forest



Gerry
Lyons

Shabana
Qadir

Farooq
Qureshi

Labour surgery: Every Saturday, 11am-12noon, St Andrews Church, 153 Colworth Road, Leytonstone, E11 1JD.

Liberal Democrat surgery: Every Saturday, 10am-12noon, Waltham Forest Direct, 772-776 High Road, Leyton, E10. No surgeries at the end of December.

Grove Green



Khevyn
Limbajee

Anna
Mbachu

Chris
Robbins

Surgery 1: First and third Saturday of every month, 10am-12noon, Sikh Community Care Project, 100 Francis Road, Leyton, E10 6NJ.

Surgery 2: Second and fourth Saturday of every month, 11am-12noon. Leyton Neighbourhood Learning Centre (LNLC), Leyton Mills Shopping Centre, 3 The Square, E10. No surgeries on Bank Holiday weekends or in August.

Hale End and Highams Park



Paul
Braham

Sheree
Rackham

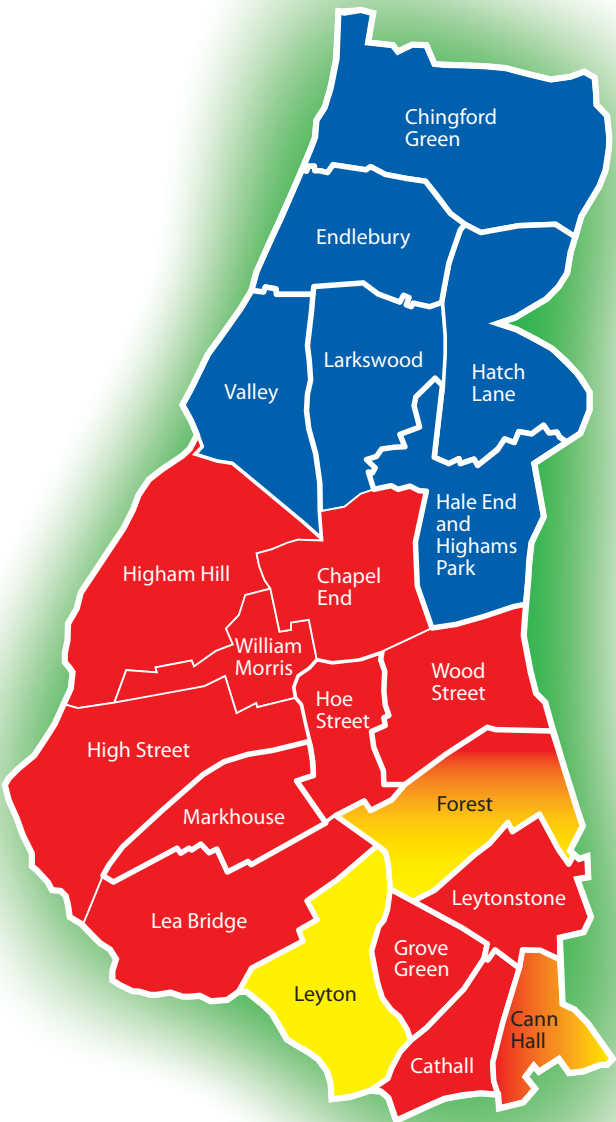
Darshan
Sunger

Surgery 1: First Saturday of every month, 10.15-11.15am, Block 118-132, Community Room, Aldriche Way Estate, E4.

Surgery 2: Second Monday of every month, 6-7pm, Thorpe Hall School, Hale End Road, E17 4DP. No surgery in August.

Surgery 3: Third Saturday of every month, 10.30-11.30am, Hale End Library, Castle Avenue, E4. No surgeries on Bank Holiday weekends.

Waltham Forest Wards



Labour

Conservative

Liberal Democrat

Lab/Lib

Hatch Lane



Laurie Braham
Marion Fitzgerald
Geoff Walker

Surgery 1: First Tuesday of every month, 5.30-6.30pm, Longshaw Primary School, Longshaw Road, E4. Term time only. No surgeries in August or January.

Surgery 2: Second and fourth Saturday of every month, 10-11am, Hale End Library, Castle Avenue, E4. No surgeries in August or January.

Surgery 3: Third Monday of every month, 11am-12noon, Friday Hill TMO, Chingdale Centre, Chingdale Road, E4. No surgeries in August or January.

High Street



Liaquat Ali
Clare Coghill
Steve Terry

Surgery 1: First and third Saturday of every month, 10.30am-12noon, Walthamstow Library, The Square, E17. No surgeries on Bank Holiday weekends.

Surgery 2: Second Saturday of every month, 10am-12noon, Coppermill Primary School, Edward Rd, E17. No surgeries on Bank Holiday weekends.

Surgery 3: Fourth Saturday of every month, 10am-12noon, Stoneydown Park Primary School, Pretoria Road, E17. No surgeries on Bank Holiday weekends.

Higham Hill



Karen Bellamy
Geoff Hammond
Haroon Khan

Surgery 1: Every Friday, 6.30pm-8pm, Whittingham Community Primary School, 340 Higham Hill Road, E17 5QX. No surgeries during the last week of August or December.

Surgery 2: Second and fourth Saturday of every month, 11am-12.30pm, Higham Hill Library, North Countess Road, E17.

Hoe Street



Ahsan Khan
Saima Mahmud
Mark Rusling

Every Saturday, 11am-12noon, Waltham Forest Direct, Central Parade, Hoe Street, E17.

Larkwood



Nick Buckmaster
Bernadette Mill
Edwin Northover

Second Saturday of every month, 10am-12noon, South Chingford Library, Hall Lane, E4.

Lea Bridge



Masood Ahmad
Afzal Akram
Elisabeth Davies

Surgery 1: First and third Saturday of every month, 10am-12noon, Lea Bridge Library, Lea Bridge Road, E10 7HU. Please note Lea Bridge Library is closed for refurbishment until September and all surgeries will take place at the Plum Tree Centre until further notice. No surgeries on Bank Holiday weekends.

Surgery 2: Second and fourth Saturday of every month, 10am-11am, Plum Tree Centre, 787 High Road, E10. No surgeries on Bank Holiday weekends.

Leyton



Naheed Qureshi
Winnie Smith
Bob Sullivan

Every Saturday, 10am-12noon, Leyton Library, High Road, Leyton, E10 5QH.

Leytonstone



Jenny Gray
Clyde Loakes
Marie Pye

Every Saturday, 10.30am-12noon, Waltham Forest Direct, 819 High Road, E11 1HQ.

Markhouse



Mohammad Asghar
Asim Mahmood
Ebony Vincent

Surgery 1: First and third Saturday of every month, 10am-12noon, Waltham Forest Direct, Central Parade, Hoe Street, E17.

Surgery 2: Second and fourth Saturday of every month, 10am-12noon, The Lighthouse, Markhouse Road, E17.

Valley



Jemma Hemsted
Alan Siggers
Laurance Wedderburn

Surgeries are held every other Saturday and the venue alternates between South Chingford Library, Hall Lane, E4 and The Paradox Centre, Youth Wing, Burnside Avenue, E4. The first surgery will take place at South Chingford Library on Saturday 19 June. No surgeries in August or December.

William Morris



Nadeem Ali
Raja Anwar
Geraldine Reardon

Surgery 1: First and third Saturday of every month, 11am-12noon, Higham Hill Library, North Countess Road, E17.

Surgery 2: Fourth Saturday of every month, 11am-12noon, William Morris Community Centre, Greenleaf Road, E17.

Wood Street



Peter Barnett
Angie Bean
Richard Sweden

Every Saturday, 10-11am, Wood Street Library, Wood Street, E17 4AA. No surgeries on Bank Holiday weekends.

More info

For more information on Councillors, their role and how to contact them visit www.walthamforest.gov.uk/council/about or phone 020 8496 3000.

ahead newsletter

For Waltham Forest Council tenants and leaseholders

June 2010 ■ issue 15

Useful numbers

Annual Gas safety checks. If we have written to you with an appointment please contact Julie Brady:
020 8496 2691.

Ascham Direct:
020 8496 4197

Smell gas?
Contact National Grid on
0800 111 999

Antisocial Behaviour & Domestic Violence Hotline:
020 8496 4011

Rent hotline:
020 8531 8097

National Domestic violence helpline 24 hour :
0808 2000 247

Women's Trust Advocacy. Provides women-only services to women who have been or are affected by domestic violence:
020 7034 0304 or
07747 080946

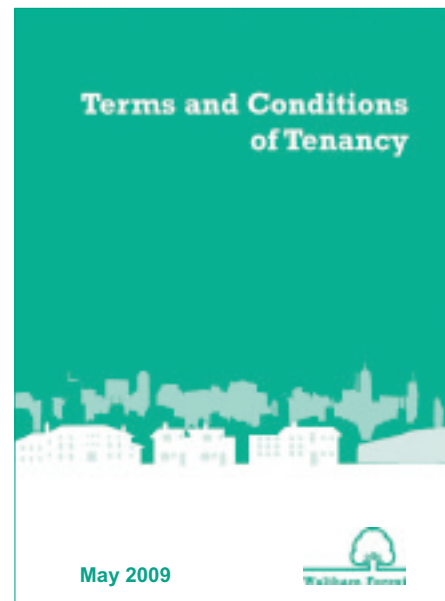
Citizens Advice Bureau:
Walthamstow:
0844 826 9696 or
Leytonstone:
020 8988 9620

One year on...

In May 2009 Waltham Forest Council brought into effect more stringent terms and conditions to the council's tenancy agreement with a new type of tenancy called an Introductory Tenancy. Tenants living in Waltham Forest Council property must adhere to the terms and conditions set-out within their tenancy agreement.

It is Ascham Homes' responsibility to enforce these conditions of tenancy and our staff work closely with tenants particularly during their first year of occupancy. This involves carrying out tenancy audits and making sure that tenants are aware of their responsibility to pay rent and avoid antisocial behaviour.

Raja Khan, Tenant Services Officer said: "The Introductory Tenancy Scheme was introduced to combat antisocial behaviour and non payment of rent. The improved terms and conditions instil in tenants the right way to behave and builds trust between tenants and our staff."



We believe that every tenant has the right to peaceful enjoyment of their home but when antisocial behaviour or non-payment of rent becomes an issue, we take action and in some instances court action has led to eviction.











New Chief Executive

Madeleine Forster

joined Ascham Homes as Chief Executive on 14 June 2010. Madeleine was previously Group Regional Operations Director for Circle Anglia and has 23 years experience with local authorities and social housing.

Chair of Ascham Homes' Board, Paul Lowenberg said: "Madeleine was an exceptional candidate, we are really pleased to have her as our new Chief Executive. Madeleine has an outstanding track record in social housing and totally committed to driving up service quality, cutting out waste, achieving value for money and engaging with residents."

Madeleine said: "I look forward to the coming months, to getting to know residents and stakeholders and to tackling some of the challenges ahead."

Our performance for the month of April 2010	Current performance	Status
Estate inspections: We aim to make sure 99% of all inspections are carried out	98.7%	
Rent collection: We aim to collect 94.4%	94.8%	
Right to repairs: We aim to complete 99% of urgent repairs on time	99.7%	
Repair appointments made and kept: We aim to make and keep appointments for 98% repairs	99.8%	
Average time to complete repairs: We aim to complete responsive repairs in 6.5 days	4.4 days	
Repairs right first time: We aim to complete 95% of repairs 'right first time'	92.3%	
Resident satisfaction with day to day repairs: We aim to achieve 90% satisfaction for day to day repairs	95.7%	
Resident satisfaction with major works: We aim to achieve 90% satisfaction for major works completed	99.5%	

In April the overall performance is 58% of Indicators achieving a green status

Residents' consultation event: 21 - 28 June 2010

We invite Waltham Forest Council residents, whose home are managed by Ascham Homes, to attend discussion-based workshops about the Tenant Services Authority's National Standards for Housing and the Audit Commission's inspection of Ascham Homes carried out earlier this year.

The workshops are to be held at our main offices at Willow House, 869 Forest Road, Walthamstow E17 4UH. When you arrive at reception please ask staff to direct you to the Board room.

To confirm which workshop/s you would like to attend please contact Tracey Chandler on 020 8496 4942 or Saadia Chowdhury on 020 8496 4022. Light refreshments will be provided. Please see details of the workshops and dates below:

Tenant Involvement and Empowerment

Standard: resident involvement, customer services and complaints 2pm on Monday 21 June

Home Standard: the quality of accommodation and repairs 2pm on Tuesday 22 June

Tenancy Standard: allocation of housing and tenure 2pm on Wednesday 23 June

Neighbourhood and Community Standard: tenancy management and antisocial behaviour 2pm on Thursday 24 June

Value for Money Standard 2pm on Friday 25 June

Tenant Services Authority workshop 6pm on Monday 28 June

Customer Services Excellence..



'Passed with good prospects'

Our Customer Services team recently applied for the Customer Services Excellence Award to gain recognition of the continuing commitment towards meeting our customers' needs. Ascham Homes continues to deliver services which are accessible, efficient and empowering.

The award is based on a set of five criterion for which, scrutiny was carried out by an external assessor. We also invited stakeholders and tenants to take part in this process.

We were assessed by SGS (the awarding body) to have gone above and beyond the levels required to pass all five criterions and have been advised that on the most demanding (working with hard to reach groups), we have done exceptionally well.

The award is valid for three years although re-assessment takes place in one year's time to ensure that the standard is being maintained.

Beverley Gordon, Customer Services Group Manager said: "This has given staff a huge boost in morale and we are confident that residents will benefit from our improving service delivery."

Public Notices

Highways

LONDON BOROUGH OF WALTHAM FOREST ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14(1) THE WALTHAM FOREST (CANN HALL ROAD AND CROWNFIELD ROAD) (TEMPORARY PROHIBITION OF TRAFFIC) ORDER 2010

1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that on 18th June 2010 it made an Order to enable road works to be carried out in a safe and efficient manner in certain sections of Cann Hall Road and Crownfield Road, the general effect of which will be, only at such times and to such extent as regulatory signs are displayed, to close to vehicles (except works vehicles) in these sections of roads.
2. Whilst the works are being carried out, no person shall cause or permit any vehicle to enter or wait at any time, in:-
 - (a) that section of Cann Hall Road which lies between it junction with Dames Road and its junction with High Road Leytonstone;
 - (b) that section of Crownfield Road which lies between its junction with High Road Leyton and its junction with High Road Leytonstone.
3. Whilst the prohibitions referred to above remain in force, alternative routes for traffic will be indicated by traffic signs.
4. Vehicles waiting in disregard of this Order will be removed.
5. The prohibition mentioned above will not apply in relation to any vehicle being used -
 - (a) in connection with the said works; or
 - (b) for ambulance, fire brigade or police purposes in an emergency, if the works allow.
6. The Order will come into operation on 1st September 2010 and will be valid for a maximum period of 13 months or until the works are completed, whichever is the sooner.

Dated 21st June 2010
Mr. K. Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS

LONDON BOROUGH OF WALTHAM FOREST ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14(1) THE WALTHAM FOREST (AUCLAND ROAD) (TEMPORARY PROHIBITION OF TRAFFIC) ORDER 2010

1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that on 18th June 2010 it made an Order to enable road works to be carried out in a safe and efficient manner in a certain section of Auckland Road, the general effect of which will be, only at such times and to such extent as regulatory signs are displayed, to close to vehicles (except works vehicles) in this section of Auckland Road.
2. Whilst the works are being carried out, no person shall cause or permit any vehicle to enter or wait for any purpose, at any time, in that section of Auckland Road which lies between a point 10 metres north-west of the north-western kerb-line of Dunedin Road and a point 68 metres north-west of that kerb-line.
3. Whilst the prohibitions referred to above remain in force, alternative routes for traffic will be indicated by traffic signs.
4. Vehicles waiting in disregard of this Order will be removed.
5. The prohibition mentioned above will not apply in relation to any vehicle being used -
 - (a) in connection with the said works; or
 - (b) for ambulance, fire brigade or police purposes in an emergency, if the works allow.
6. The Order will come into operation on 1st July 2010 and will be valid for a maximum period of 12 months or until the works are completed, whichever is the sooner.

Dated 21st June 2010
Mr. K. Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS

LONDON BOROUGH OF WALTHAM FOREST PROPOSED AMENDMENTS – WESTWARD ROAD AREA AND COOPER AVENUE AREA The Waltham Forest (Waiting and Loading Restrictions) (Amendment No. *) Order 20** The Waltham Forest (Prescribed Routes) (No. *) Order 20** The Waltham Forest (20 m.p.h. Speed Limit) (Amendment No. *) Traffic Order 20** The Waltham Forest (Voucher Parking Places) (Amendment No. *) Order 20** The Waltham Forest (Free Parking Places) (Short Stay) (Amendment No. *) Order 20** The Waltham Forest (Bus Stop Clearways) (Amendment No. *) Traffic Order 20** The Waltham Forest (Prohibition of Stopping Outside Schools) (Amendment No. *) Traffic Order 20**

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest propose to make the above-mentioned Orders under sections 6, 45, 49, 84 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.
2. The general effect of the Orders would be to:-
 - (a) introduce waiting restrictions operating "at any time" into certain sections of Ashley Road, Burnside Avenue, George Road and May Road;
 - (b) introduce waiting restrictions operating "at any time" at the following junctions:-
 - Burnside Avenue and Ching Way
 - Burnside Avenue, Leonard Road and May Road;
 - Ashley Road, Bateman Road and May Road;
 - Burnside Road and Silver Birch Avenue;
 - Silver Beech Avenue and Westward Avenue;
 - Westward Road and Ashley Road;
 - Chingford Mount Road and Westward Road;
 - Chingford Mount Road and George Road and;
 - Burnside Avenue and Rowan Avenue;
 - (c) extend the lengths of existing waiting restrictions operating "at any time" in certain sections of the following roads:-
 - Ashley Road;
 - Bateman Road;
 - George Road;
 - Leonard Road;
 - McEntee Avenue;
 - May Road;
 - Westward Road
 - (d) introduce one way traffic working in the following roads:-
 - Ashley Road - north to south direction
 - Bateman Road, between the western kerb-line of Ashley Road and No.1 Bateman Road – west to east direction;
 - May Road – south to north direction;
 - Westward Road, between its junctions with Ashley Road and Chingford Mount Road
 - east to west direction
 - (e) extend the boundary of the existing 20 m.p.h. speed limit for the area into George Road, Leonard Road and May Road;
 - (f) introduce bus stop clearways operating "at any time" into certain sections of Burnside Avenue, on the south side, opposite Nos. 35 to 41 Burnside Avenue and on the north side, east of No. 1 Burnside Avenue;
 - (g) extend the length of certain voucher parking places in Bateman Road and Westward Road, at their junctions with Chingford Mount Road;
 - (h) introduce free, short term parking places into a certain sections of McEntee Avenue operating Mondays to Saturdays 8am to 6pm and introduce free park parking places into certain sections of Wood Street operating Mondays to Saturdays 5pm to 9am and "at any time" on Sundays;
 - (i) introduce school "keep clear" markings operating Monday to Fridays 8am to 5pm into certain sections of Burnside Avenue outside of the Chingford Hall Primary School and the Learning Support Centre.
3. NOTICE IS ALSO HEREBY GIVEN that the Council of the London Borough of Waltham Forest (hereinafter called

- "the Council") propose to introduce speed tables and amend the layout of, or remove, existing speed tables as detailed in paragraph 9 of this notice under sections 90A to 90I of the Highways Act 1980 and in accordance with the provisions of the Highways (Road Humps) Regulations 1999 and the Highways (Traffic Calming) Regulations 1999 and of all other powers thereunto enabling.
4. The general effect of the proposals would be to:
 - (a) introduce speed tables into
 - (i) Burnside Avenue, between the eastern boundary of No. 1 Burnside Avenue and the western boundary of No. 3 Burnside Avenue;
 - (ii) Burnside Avenue, between the western kerb-line of May Road and a point 9 metres west of that kerb-line;
 - (iii) Burnside Avenue, between a point 1.5 metres west of the eastern boundary of No. 29 Burnside Avenue and a point 1 metre west of the common boundary of Nos. 33 and 35 Burnside Avenue;
 - (iv) George Road, between a point 1 metre east of the common boundary of Nos. 20 and 22/24 George Road and a point 1 metre west of the common boundary of Nos. 22/24 and 26 George Road;
 - (v) George Road, between a point 1 metre east of the common boundary of Nos. 48 and 50 George Road and a point 1 metre west of the common boundary of Nos. 52 and 54 George Road;
 - (vi) George Road, between the western kerb-line of Chingford Mount Road and a point 8 metres west of that kerb-line;
 - (vii) Leonard Road, between a point 3 metres west of the common boundary of Nos. 41 and 43 Leonard Road and a point 1 metre east of the common boundary of Nos. 47 and 49 Leonard Road;
 - (viii) Leonard Road, between a point 3 metres west of the common boundary of Nos. 13 and 15 Leonard Road and a point 1 metre east of the common boundary of Nos. 19 and 21 Leonard Road;
 - (ix) Leonard Road, between the western kerb-line of Chingford Mount Road and a point 8 metres west of that kerb-line;
 - (x) May Road, between a point 8 metres north of the northern kerb-line of Burnside Avenue and a point 7 metres south of the southern kerb-line of Burnside Avenue;
 - (xi) Silver Birch Avenue, between the southern kerb-line of Westward Road and a point 10 metres south of that kerb-line;
 - (xii) Westward Road, between a point 7 metres east of the eastern kerb-line of Silver Birch Avenue and a point 7 metres west of the western kerb-line of Silver Birch Avenue
 - (b) reduce the length of existing speed tables in Burnside Avenue to
 - (i) between a point 4 metres east of the eastern kerb-line of Silver Birch Avenue and a point 4 metres west of the western kerb-line of Silver Birch Avenue;
 - (ii) between a point 5 metres east of the eastern kerb-line of Rowan Avenue and a point 8 metres west of the western kerb-line of Rowan Avenue and
 - (c) remove the existing speed table outside Nos. 5 - 9 Burnside Avenue
 5. NOTICE IS ALSO HEREBY GIVEN that under section 23 of the Road Traffic Regulation Act 1984, the Council intend to introduce a zebra crossing with zig zag markings into a section of Burnside Avenue. The zig-zag markings, which prohibit vehicles from stopping at any time for any reason would be introduced on both sides of the carriageway between a point 3 metres east of the common boundary of Nos. 49 and 51 Burnside Avenue and a point 15.5 metres west of the western boundary of Nos. 45 Burnside Avenue.
 6. Copies of the Orders, the Council's statement of reasons for proposing to make the Orders and of plans showing the location and effect of the Orders can be inspected during normal office hours on Mondays to Fridays inclusive until the end of a period of 6 weeks from the date on which the Order is made or the Council decides not to make the Orders, at (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; (b) The Waltham Forest Direct Shop, 265 Chingford Mount Road, Chingford, E4 8LP; and (c) The Reception Desk, The London Borough of Waltham Forest, Low Hall, Argall

- Avenue, London, E10 7AS.
7. Any person desiring to object to the proposed Orders or to make any other representation should send a statement in writing of either their objection and the grounds thereof or of their representation to Traffic Orders, Engineering Design, Low Hall, Argall Avenue, London, E10 7AS by the end of a period of 21 days from the date on which this Notice is published. All objections must specify the grounds on which they are made.
 8. NOTICE IS ALSO HEREBY GIVEN that the London Borough of Waltham Forest (the Council) on 18th June 2010 made The Waltham Forest (Prescribed Routes) (No. 1) Experimental Order 2010 under sections 9 and 10 of the Road Traffic Regulation Act 1984. The Order will come into force on 1st November 2010 and may continue in force for up to 18 months.
 9. the general effect of the Order will be to introduce one way traffic working on an experimental basis in the following roads:-
 - George Road – east to west direction;
 - Leonard Road – west to east direction.
 10. Where it appears necessary for certain purposes, in pursuance of section 10(2) of the Road Traffic Regulation Act 1984, any provision of the Order may be modified or suspended while it is in force.
 11. The Council will be considering in due course whether the provisions of the Order should be continued in force indefinitely by means of a permanent Order made under section 6 of the Road Traffic Regulation Act 1984. Any person may object to the making of the permanent Order for the purpose of such indefinite continuation within a period of six months beginning with the day on which the experimental Order come into force or, if the Order is varied by another Order or modified pursuant to section 10(2) of the 1984 Act, beginning with the day on which the variation or modification or the latest variation or modification came into force. Any such objection must be made in writing and must state the grounds on which it is made and be sent to Traffic Orders, Environment and Regeneration, Low Hall, Argall Avenue, London, E10 7AS. Any objection may be communicated to, or be seen by, other persons who may be affected.
 12. any person wishes to question the validity of the Order or of any of their provisions on the grounds that it is not within the powers conferred by the Road Traffic Regulation Act 1984, or that any requirement of that Act or any instrument made under that Act has not been complied with, that person may, within 6 weeks from the date on which the Order is made, apply for the purpose to the High Court.
- For more information please telephone 020 8496 3000 quoting reference 2010T15
- Dated 21st June 2010**
Mr. K. Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS

Planning

LONDON BOROUGH OF WALTHAM FOREST PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990 - SECTION 67

- NOTICE IS HEREBY GIVEN that the following application for a building within a Conservation Area has been made to this Authority.
- APPL.NO** 2010/0657
APPLICANT Mr Michael Shaw
ADDRESS 5 Randolph Road, Walthamstow, London E17 9NR
PROPOSAL Reinstatement of sash window at front.
- TOWN & COUNTRY PLANNING (GENERAL DEVELOPMENT PROCEDURE) ORDER 1995 - NOTICE UNDER ARTICLE 8**
- NOTICE IS HEREBY GIVEN that the following application for planning permission has been made to the Council for which additional publicity is required.
- APPL.NO** 2010/0653/LA

APPLICANT NPS Group

ADDRESS St Saviours Primary School, 33 Verulam Avenue
Walthamstow, London E17 8ER

PROPOSAL Construction of two storey extension to form 10 classrooms, lift, offices, stores and W/C. Construction of single storey extension to form new reception and entrance and other associated internal works.

APPL.NO 2010/0656

APPLICANT Forest Homes, London & Quadrant
Housing Trust

ADDRESS Phase 4, Beaumont Road Estate, Beaumont
Road, Leyton, London E10

PROPOSAL Residential redevelopment. Demolition of
existing 14 flats at St. Joseph Court and other associated out

buildings. Construction of 4 to 9 storey blocks of building to
form 100 self contained flats (32x1 bed - 58x2 bed - 10x3
bed) and 17 x 3 to 4 bedroom houses with associated works
and landscaping.

The application is open to inspection by the Public at the
offices of the Development Management, Sycamore House,
Town Hall Complex, Forest Road, London E17 4JF between
the hours of 9.00a.m. - 5.00p.m. Monday to Friday. Any
representations relating to the application should be made in
writing to the Planning Division within 21 days of the date of
this Notice.

Dated this day 21 June 2010

**David Scourfield - Head of Development
Management on Behalf of London Borough of
Waltham Forest**



STATUTORY NOTICE

Proposals to add resourced provision of special educational need places

Notice is given in accordance with section 19(1) of the Education and Inspections
Act 2006 that London Borough of Waltham Forest intends to make a prescribed
alteration from 01 September 2010 to:

Whitehall Primary School (Community School), Normanton Road, E4 6ES

The Woodside School, (Community School), Wood Street, E17 3JX

South Grove Primary School, (Community School), Ringwood Road, E17 8PW

The proposal is to provide each of the schools with an additional 21 places for
children between the ages of 5 and 11 with specific special education needs.

It is intended that each school will make provision for the following types of special
educational needs provision that would be recognised by the local education authority
as reserved for SEN pupils as described below:

Whitehall Primary School: Hearing impairment (HI)

The Woodside School: Autistic Spectrum Disorder (ASD)

South Grove Primary School: mixture of Autistic Spectrum Disorder (ASD)
and Global Developmental Delay (GDD)

The proposals for each school are not related.

This Notice is an extract from the complete proposal. Copies of the complete
proposal can be obtained from:

Michele Pertaub

School Organisation, Partnership and Development

PO Box 416, Silver Birch House

Uplands Business Park, Blackhorse Lane

Walthamstow, E17 5SD

Web: www.walthamforest.gov.uk/primary-sen-statnotice

Email: michele.pertaub@walthamforest.gov.uk

Tel: 020 8496 6315

Within six weeks from the date of publication of this proposal, any person may
object to or make comments on the proposal by sending them to:

Sandra Mohamed, School Organisation, Consultation and Governance Manager

School Organisation, Partnership and Development

PO Box 416, Silver Birch House

Uplands Business Park, Blackhorse Lane

Walthamstow, E17 5SD

Signed:

Chris Kiernan

Executive Director, Children and Young People Services

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Your easy route to all manner of Council services



Did you know you can call one phone number to sort out all manner of queries and problems associated with council services?

Waltham Forest Direct (WFD) can be
contacted by ringing 020 8496 3000
between 8am and 6pm Monday to Friday
and is your instant route to a dedicated
team of friendly and helpful people who
can help you.

They can deal with enquiries about
services ranging from waste and
recycling to Council Tax.

The call centre is also open outside of
the core hours to deal with emergencies
such as homelessness, Emergency
make safe housing repairs, Emergency
social worker, and Environmental Noise
abatement officers.

WFD shops can assist with:

- Adult services
- Benefits
- Council Tax
- Environmental Services
- Housing
- Planning and Building Control
- Street and Parking Services
- Waste and Recycling
- Better Neighbourhoods
- Citizens Advice Bureau
- Community and voluntary groups
- Consumer Direct
- NHS
- Housing Associations
- Pension Services
- Waltham Forest
Credit Union



**So if you've got a problem and nobody else can help,
why don't you try the WFD Team.**

**MAYBE THE
ADULTS
HAVE GOT IT
WRONG!**

We are three groups within Waltham Forest. It's our job to make sure that when decisions are made in Waltham Forest for young people, young people are involved in making them.



Young Advisors

Young Advisors are trained consultants (£8 per hour) who advise how to make services better for young people locally.

Last year we made emotional health services better for young people, mystery shopped local services, helped over one hundred 18-24 year olds register to vote for the elections, and organised a big intergenerational community clean up.



Forest Flava Press Gang

Forest Flava Press Gang is a team of budding young journalists from across the borough. We write articles on local issues for Waltham Forest News, and have designed a new website for young people, www.forestflava.org.uk which we now manage. This year we have also worked with a professional film company to make a film on Children's Rights. We also get a qualification in journalism, equivalent to half a GCSE.



Youth Independent Advisory Group (YIAG)

The YIAG is a group of young people who advise the police on youth crime issues. We train and monitor police officers on the best way to stop and search young people and give them advice on issues such as knife crime. We are also accredited 'conflict management' trainers; and train other young people on how to manage conflict in their lives. This is voluntary, although there are opportunities for paid work.

We are recruiting for the 2010/11 intake of young people (11-19 year olds) for these positions. If this sounds like your sort of thing visit www.wfyoungadvisors.org.uk/recruitment or contact James.Gould@walthamforest.gov.uk, the Youth Engagement Officer, on 020 8496 3000 for more information.

Young People's Caribbean Carnival

Sunday 18 July

**Leyton Cricket Ground,
Leyton High Road, Leyton E10**

Carnival procession from 1pm
Live stage performances from 2pm

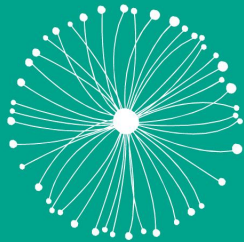
Over 1000 young people from across Waltham Forest bring carnival and dance to the streets of Leyton. The celebration continues onstage with a packed programme of music and dance featuring The Dennis Bovell Dub Band, legendary lovers rock singers Sandra Cross, (six times winner for best female singer at the British Reggae Awards) and Kofi who will both be singing live with the band.

Young up-and-coming comedian Nabil Abdulrashid, Sky channel comedian will be performing.

Compere will be Platinum FM's Geoff Schumann.

The afternoon will continue with children's entertainment, bouncy castles, information and food stalls, come along and enjoy a family afternoon in Leyton.

Visit www.walthamforest.gov.uk or call Waltham Forest Direct on 020 8496 3000 for more information



Fellowship Arts Challenge



Thursday 22 July-Sunday 25 July

**Walthamstow Town Square, High Street,
Walthamstow E17**

11am to 7pm

Opening night Thursday 22 July at 4pm

An annual arts festival to widen opportunities for the exhibition of visual arts, crafts and multimedia practices for young people in Waltham Forest, with participation from school children, community groups and disability groups.

This year's theme 'Dreams Of Utopia' will provide an indication of the tremendous creativity shared between artists, children and members of the community.

Fellowship and Pride -
Cultural Open Weekend

Sunday 25 July from 2pm

Vestry House Museum, Vestry Road E17

Gay and lesbian families come together for an afternoon of art and play, with entertainment and workshops for the children.

Visit www.walthamforest.gov.uk or call Waltham Forest Direct on 020 8496 3000 for more information

Leytonstone Festival 2010

Thursday 15 July - Sunday 25 July 2010

Now in its 17th year, the 2010 festival promises to be bigger and better than ever with an amazing series of events that feature local talent and guest celebrity appearances. For 11 days Leytonstone becomes a heady mixture of activity, colour, energy and fun in kaleidoscopic proportions and, in true community spirit, many of the events are free.

There's something for the whole family to enjoy including art, comedy, dance, drama, film, literature, music and poetry.

Visit www.leytonstonefestival.org.uk or call 020 8536 9939 for more information on events, venues and times.



**All our
events have
disabled
access and
parking**



Waltham Forest

Mela



Sunday 25 July

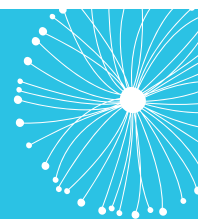
**Chestnuts Sports ground, rear of
Walthamstow Town Hall Complex, Forest Road E17**

1pm-7pm

Attracting thousands to the heart of Waltham Forest, the Mela presents a fabulous programme of Asian music, dance and culture. The Bollywood dancers and Bhangra are always a big attraction and this year we have our own alternative Olympics in the unique mini Asian games arena. Lots of entertainment for children and a great day out for all the family.

Visit www.walthamforest.gov.uk or call Waltham Forest Direct on 020 8496 3000 for more information

Aug/Sept



Leytonstone Arts Trail

Friday 23 July – Sunday 1 August

Various venues across Leytonstone

An exciting variety of art exhibitions and events across the area. Pick up a trail map from local libraries. Enjoy the work of local artists while exploring the cafés, homes and green spaces of Leytonstone.

Visit www.leytonstoneartstrail.org for more information



Last Night of the Proms

Saturday 11 September

Walthamstow Town Square, High Street E17

From 7.30pm

Last Nights of the Proms televised onto the Big Screen in Walthamstow Town Square.

Come along and join in this very popular September event, screened from the Royal Albert Hall in London. Join in singing popular tunes like 'Rule Britannia' and 'There'll Always Be An England' with the audience and our live choirs.

Commemorating the Abolition of Slavery

Monday 23 August

Walthamstow Assembly Hall, Forest Road E17 4JF

From 7.30pm

An evening commemorating the abolition of slavery, with a packed programme of music, poetry and speakers with live music and special guest Lynton Kwesi Johnson whose albums include 'Ting an Times' and LKJ Cappella live.

Compere Geoff Schumann.

Visit www.walthamforest.gov.uk or call Waltham Forest Direct on 020 8496 3000 for more information

Leyton Big Weekend

Saturday 11 September and Sunday 12 September

Leyton Cricket Ground, Leyton High Road E10

Fantastic family weekend of entertainment, live music, children's shows, drama, workshops, stalls, sport activities – a colourful and musical event lasting two days for you to enjoy.

Visit www.walthamforest.gov.uk or call Waltham Forest Direct on 020 8496 3000 for more information



E17 Art Trail 2010

Friday 3 – Sunday 12 September

Various venues across Walthamstow

Welcome to Walthamstow: E17 Art Trail is an artist-run project which provides the framework for E17's and Waltham Forest's artists and makers to exhibit and promote their work and art practice.

Visit www.e17arttrail.co.uk for more information



Car Free Day

Sunday 19 September

Church Road, Leytonstone E17

1pm-7pm

Car Free Day raises awareness of the health and environmental benefits of sustainable living and sustainable transport, by leaving the car behind and for the residents to reclaim the streets.

The event is a fun day out where the local community can browse and enjoy a French market, children's entertainers, live music onstage, and lots of stalls for you to browse.

Visit www.walthamforest.gov.uk or call Waltham Forest Direct on 020 8496 3000 for more information

